

# Savings Court Park

## Fitness Trail

Savings Court Park was set aside as a result of the cluster plan for Paumanack Village, the Town's first senior housing development. The site can be accessed through the Waldbaum's shopping center or Paumanack Village. It is fully handicapped-accessible and contains a twelve-station cardio course, the Town's first fitness trail, and a gazebo. These enhancements were installed in 2000 with support from the Huntington Community Development Agency and Huntington EOSPA Park Improvement Program.

### You May See:

Bayberry, Bigtooth Aspen, Black Cherry, Black Willow, European White Poplar, Field Pennycress, Gray Birch, Groundsel Bush, Horse Nettle, Quaking Aspen, White Mulberry

American Goldfinch, American Robin, Herring Gull, Mourning Dove, Northern Cardinal, Northern Mockingbird, Song Sparrow



### Stations Include:

Isometric Squat, Leg Lift, Push-up, Pull-up, Sit-up



**Location:** Paumanack Village Dr, South of Pulaski Rd

**Terrain:** Flat | **Length:** 0.3 mi | **Parking:** Street | **Type:** Loop

**Surface:** Paved | **Acreage:** 7 | **Trailhead:** 40.865937, -73.349811

