

Uplands Farm Sanctuary

The double-trailed loop at The Nature Conservancy's Uplands Farm Sanctuary is ideal for family hikes. The grassy, marked trail takes hikers through deciduous forests and a meadow, providing opportunities to view an old dairy farm and Long Island's diverse wildlife, especially wildlife and birds. A kiosk at the sanctuary's trailhead contains information regarding the area's habitat, as well as a map directing hikers around the sanctuary, and to its connection with the Nassau-Suffolk Greenbelt Trail.

You May See:

Black Birch, Black Cherry, Butterfly Weed, Flowering Dogwood, Mountain Laurel, Red Maple, Tulip Tree, Eastern White Pine, Yellow Birch

American Goldfinch, American Kestrel, Blue-winged Warbler, Eastern Bluebird, Eastern Kingbird, Eastern Meadowlark, Eastern Phoebe, Gray Catbird, House Wren, Northern Mockingbird, Red-tailed Hawk, Red-winged Blackbird, Tree Swallow, White-throated Sparrow, Yellow Warbler

Additional Information:

www.nature.org



Location: South side of Lawrence Hill Rd, in Cold Spring Harbor

Terrain: Some hills | **Length:** 2.5 mi | **Parking:** In Park | **Type:** Loop

Surface: Ground | **Acres:** 86 | **Trailhead:** 40.857582, -73.453214

