

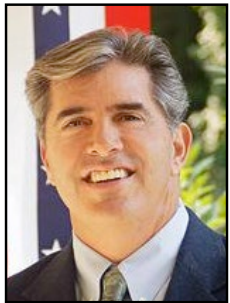
Frank P. Petrone
Supervisor



Mark Cuthbertson
Councilman



Susan A. Berland
Councilwoman



Eugene Cook
Councilman



Tracey A. Edwards
Councilwoman



FALL 2017

ACTIVITIES FOR CHILDREN & ADULTS



Huntington Supervisor Frank P. Petrone, joined by Councilmen Mark Cuthbertson and Eugene Cook and players from across the Town, officially opened the Town's first dedicated pickleball courts at Whitman Park September 2017

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COMMUNITY ED
begins on page 32

A Message from the Supervisor & the Town Board



Supervisor Frank P. Petrone and Councilman Mark Cuthbertson, liaison to the Department of Parks and Recreation, at a pep rally celebrating the synthetic turf complex at Veterans Park in East Northport.

Fall 2017

Dear Fellow Huntington Resident:

On behalf of myself and my Town Board colleagues, I am proud to present our *Huntington Parks and Recreation 2017 Fall Brochure*, which lists numerous activities for children and adults. The programs, offerings, and facilities listed in this brochure represent our continued commitment to meet the diverse recreational needs of our residents.

This past summer, the Town formally welcomed a new park on Old Country Road in Melville. Sweet Hollow Park has already received rave reviews for its diverse activities including pickle ball, bocce and basketball, a playground and extensive walking trail. I would encourage a visit for the entire family.

To better accommodate and communicate with our residents, the town is utilizing additional forms of technology to enhance communication. Please take a look at the vastly improved Town of Huntington Website, <http://huntingtonny.gov>. This website will also heighten communication during emergency situations.

The format used in our digital brochure allows you to get to any page with a clickable table of contents and the opportunity to register directly online for the activity you are interested in by clicking on the activity button listed in this brochure.

For the latest and up to date information on our offerings, please refer to: <https://www.tohparks.com>

As always, we welcome your comments and input. If you prefer to contact us by telephone, please call the Department of Parks and Recreation at (631) 351-3089. This number is available from 8:30 a.m. to 4:30 p.m., Monday through Friday.

As you may be aware, earlier this year I announced my intention to retire and not seek re-election as your supervisor. I am very proud of what we have accomplished over the years to provide high quality recreational opportunities for our residents. Hundreds of acres of open space preserved from development, five new synthetic turf fields, a new ice rink, renovated golf courses, new parks, and hiking and biking trails are just a snapshot example of what we have accomplished throughout my tenure.

I thank you for the honor of serving as your supervisor and wish you and your family the very best for the coming years.

Sincerely,

Frank P. Petrone
Supervisor



TOWN OF HUNTINGTON

FRANK P. PETRONE
Supervisor

MARK CUTHBERTSON
Councilman

SUSAN A. BERLAND
Councilwoman

EUGENE COOK
Councilman

TRACEY A. EDWARDS
Councilwoman

ESTER BIVONA
Receiver of Taxes

JO-ANN RAI
Town Clerk

PETER GUNTHER
Superintendent of Highways

DON MCKAY
Director of Parks and Recreation

TOWN HALL
100 Main Street
Huntington, NY 11743
631-351-3000

**DEPARTMENT OF PARKS
AND RECREATION**
Town Hall
100 Main Street
Room 103
Huntington, NY 11743
631-351-3089
631-351-3100 (fax)

DIX HILLS PARK
575 Vanderbilt Parkway
Dix Hills, NY 11746
631-499-8058
Ice Rink: 631-462-5883
Golf Course: 631-499-8005

**CRAB MEADOW
GOLF COURSE**
220 Waterside Road
Northport, NY 11768
631-757-8800

COINDRE HALL
Town Programs
101 Browns Road
Huntington, NY 11743
631-351-3089

We make banking easy.

It's the neighborly thing to do.

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Huntington Branch:

33 Gerard Street, Huntington, NY 11743

East Northport Branch:

357 Larkfield Road, East Northport, NY 11731

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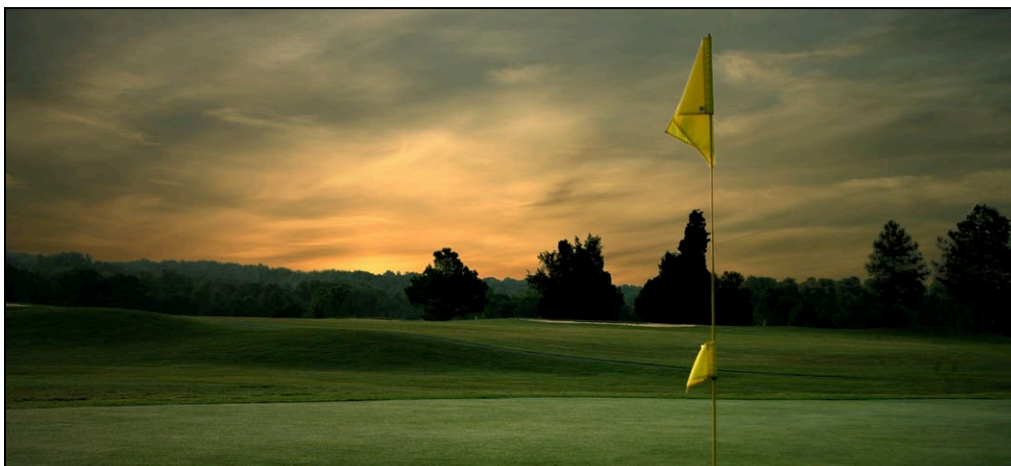
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NO MORE PAIN

SPINAL DECOMPRESSION

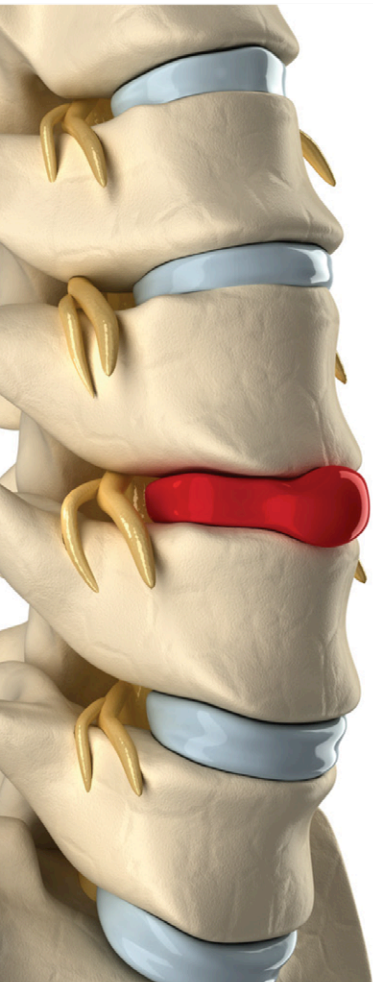
 **PICARD**
CHIROPRACTIC
HUNTINGTON SPINAL DECOMPRESSION



FREE CONSULTATION

by appointment for Spinal Decompression
or Traditional Chiropractic Treatment

Bring a copy of your MRI report to see if you are a candidate for spinal decompression & meet Dr. Picard.



by Dynatronics



Spinal Decompression vs. Back Surgery

- | | |
|--|---|
| <ol style="list-style-type: none">1. Non-Surgical Procedure2. No Recovery Period3. No Lost Time from Work4. No Risk of Scar Tissue5. No Risk of Surgical Failure | <ol style="list-style-type: none">1. Risks of Surgery2. Long Recovery Period3. Lost Time from Work4. Risk of Scar Tissue5. Risk of Surgical Failure |
|--|---|

8 out of 10 patients respond to spinal decompression

Specializing in Treating Chronic Neck Pain & Lower Back Pain • Sciatica
Herniated & Bulging Discs • Degenerative Disc Disease • Pain Down Arms

ph. 631-673-2900

182 Main Street, Huntington NY 11743

www.drpicard.com

The Town of Huntington Department of Parks and Recreation's **Interactive Digital Brochure** can be viewed as a magazine, printed in part or all pages, or downloaded in pdf format from the Department of Parks & Recreation main website. **To register for a program simply click on the Activity Button to the right of the program description.**

The Winter/Spring brochure is available online in December, the Fall brochure is available in September, and the Summer brochure is available in April. This **Interactive Digital Brochure** includes our recreation programs, new activities and announcements. The Department can change/add new information each day, weekly or monthly so you'll need to check our Interactive Digital Brochure online regularly.

The Department reserves the right to make any adjustments or changes deemed necessary. View the Town of Huntington website: tohparks.com for updates. Program registrations are conducted on a first-come, first-served basis. Preference is given to Huntington residents. Non-resident registrations start two business days after the resident registration date.

Unless otherwise stated, an immediate family member may only register themselves, their children, and one other family in addition to their own. The immediate family consists of parents, grandparents, brothers, and sisters of the participant. Parent's (not grandparent's) **Recreation ID or Golf Card** required if the child is under the age of 13.

WARNING: TOWN is NOT responsible for lost or stolen property

ALL FEES ARE SUBJECT TO CHANGE. Refunds are issued for medical conditions accompanied by a doctor's note and only if a program is cancelled by the Parks & Recreation Department. Programs listed in the brochure conducted at school facilities are subject to cancellation or change by the school district.

[Click here to learn how to use our online WebTrac registration system](#)

OFFICE LOCATION AND HOURS

The Parks and Recreation Department:

Town Hall, Room 103, 100 Main Street, Huntington, NY 11743 Telephone: 351-3089

Office hours:

Monday – Friday, 9:00 a.m. – 4:00 p.m.

Dix Hills Ice Rink:

(Recreation ID office hours are subject to change depending upon season):

Monday – Thursday, 8:00 a.m. – 8:00 p.m.

Friday – Sunday, 10:00 a.m. – 5:00 p.m.

Picnic, Special Event and Equipment Completed applications shall be filed a minimum of thirty (30) days prior to the date of the event and all other required documents shall be filed no later than fifteen (15) days before an event as specified on forms provided by the Department of Parks & Recreation. A permit may be denied if all required documents are not submitted within the specified time period.

INSURANCE/CANCELLATIONS

No medical/accident insurance is available through the Town of Huntington. Weather-related postponements or cancellations after 4:00 p.m., call 351-3101 for a taped message.

(continued)



Veterans Park Skate Park

(continued)

PERSONS WITH DISABILITIES

Any person with a disability in need of special consideration in a Parks and Recreation Program is asked to call 351-3089 for an individual participation assessment prior to registration. One-to-one supervision is not provided.

For assistance with disability needs, the **Resource Center for Persons with Disabilities** may be reached by calling 631-351-3058 or fax to 631-425-0746.

CHECK, CREDIT CARD, OR MONEY ORDER

The Town accepts a maximum of \$25 in cash. All amounts above \$25 are accepted as check, credit card, or money order only. Online payments must be made by credit card. The only exceptions to the \$25 maximum cash accepted are the Tax Receivers Office, Crab Meadow Golf Course, Town Beaches, and Dix Hills Park (pool, golf course, and ice rink public sessions).

All checks should be made payable to *Huntington Parks and Recreation*. There is a \$20 service charge on all returned checks.

RECREATION CARD

Town residents, age 13 and older, may receive a discount on Town of Huntington Parks



Dix Hills Golf

and Recreation programs and facilities when they purchase a two-year photo Recreation ID card. Cards expire two years from date of purchase. Residents who do not purchase the Recreation ID card will be charged the non card holder fee. Non-residents cannot purchase the Recreation ID card.

Recreation ID and Golf cards may be obtained from the Department of Parks and Recreation, Town Hall, Room 103 (631-351-3089) and the Dix Hills Ice Rink (631-462-5883). Children under the age of 13 must be registered in the household of a parent/guardian who has a REC ID Card in order to obtain the REC ID rate.

Residents that have the following cards do not need the Recreation ID card. These cards are honored as Recreation ID cards:

- Crab Meadow Golf Card
- Dix Hills Pool Membership Card

Teen Golf Cards: Children between the ages of 13-15 are able to play under their parents Golf Card with a student ID. They are allowed to play on the course without an adult. Teens 16+ are able to play themselves and are required to obtain their own card.

To obtain a photo Recreation ID card, residents are required to present two forms of identification (showing an address) to demonstrate Town residency. One must be a Driver's License or Non-Driver ID. The other must be one of the following: tax bill, utility bill or car registration. Teens will be required to present a student ID, current term progress report or current term report card. One parent must be present with a valid Driver's License.

FEES

- Resident Adult (18 years and above) \$20
- Resident Senior Citizen (60 years and above), Disabled, or Teen (13–17 years)..... \$10
- Lost Card Replacement \$5
- Non-Resident Recreation ID (valid for one year)\$50
- Suffolk County Resident Card \$20 (for Suffolk County Residents playing a sport at Veterans Park and/or Breezy Park facilities or an activity at Coindre Hall)

WebTrac Online Registration

TO REGISTER ONLINE USING WEBTRAC:

In addition to registering for programs using the [Interactive Digital Brochure](#) online, you can register using the [WebTrac](#) system, which allows you to browse activities, or search by keyword, activity, or program. If you have already created a household account in **WebTrac** you can register for programs by going to tohparks.com. Once there, log in using your user name and password.

If you haven't created a household account click on the **Create an Account** button under **ACCOUNT LOG IN**.

If you don't have or can't purchase a Recreation I.D. Card or Golf Card, you can still create your own household account in **WebTrac** and pay the non-card holder fee. There are NO REFUNDS for activities unless the Department cancels a program. For children under 13 years of age a parent or guardian can use their Recreation I.D. Card or Golf Card. If you have any questions call the Parks and Recreation Department at 631-351-3089.

View the
Town of
Huntington
website:
tohparks.com
for updates

Home | Contact Us | Browse Activities

Welcome, Guest | [Login](#) | [Shopping Cart \(0\)](#) | [Wishlist \(0\)](#)

ACCOUNT LOG IN

Username

Password

Search by Keyword Search by Activity #


Aquatics Program
Athletic Programs
Camps & Programs
Creative Arts
Cultural & Fitness Programs
Developmentally Disabled Programs
Dix Hills Ice Rink Programs
Horseback Riding
Specials & Trips
Tennis Programs
Nature Study Programs
Colindre Hall Programs

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**BROWSE
ACTIVITIES**

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ACCOUNT LOG IN

Username













Password

[Forgot Password](#)

[Create an Account](#)

Search by Keyword Search by Activity #

Enter Keyword Activity #


Aquatics Program 	Athletic Programs 	Camps & Programs 	Creative Arts 
Cultural & Fitness Programs 	Developmentally Disabled Programs 	Dix Hills Ice Rink Programs 	Horseback Riding 
Specials & Trips 	Tennis Programs 	Nature Study Programs 	Coindre Hall Programs 

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Search by **KEYWORD** or **ACTIVITY #**

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ACCOUNT LOG IN

Username




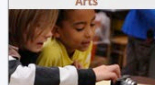



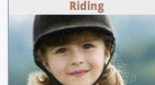




Password

[Forgot Password](#)

[Create an Account](#)

Search by Keyword Search by Activity #

Enter Keyword Activity #

Aquatics Program 	Athletic Programs 	Camps & Programs 	Creative Arts 
Cultural & Fitness Programs 	Developmentally Disabled Programs 	Dix Hills Ice Rink Programs 	Horseback Riding 
Specials & Trips 	Tennis Programs 	Nature Study Programs 	Coindre Hall Programs 

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Search by **PROGRAMS**



AFTER SCHOOL ATHLETICS – FALL

A series of athletic programs, which includes instruction and game play. Bring a water bottle. For Tennis, bring a racquet and an unopened can of USTA tennis balls.

DATES:

Tennis: November 6 – December 11 (six sessions)
Volleyball: November 7 – December 19 (six sessions)
NOTE: No class December 12

SPORTS:

Mondays:

Tennis: 4:15 p.m. – 4:45 p.m. Ages 4 – 5Act. #132211-01
Tennis: 4:45 p.m. – 5:45 p.m. Grades 1 – 3Act. #132211-02
Tennis: 5:45 p.m. – 6:45 p.m. Grades 4 – 7Act. #132211-03

Tuesdays:

Volleyball: 5:00 p.m. – 6:30 p.m. Grades 4 – 8Act. #132207-01

FEES:

Tennis: \$58 w/Recreation ID Card
\$73 w/o Recreation ID card
Tennis Squirts: \$63 w/Recreation ID card
\$78 w/o Recreation ID card
Volleyball: \$75 w/Recreation ID card
\$95 w/o Recreation ID card

LOCATION: Coindre Hall Gym, 101 Browns Road, Huntington
(entrance to gym in back)

REGISTRATION: Online and in person starts September 20 at 9:00 a.m. at the Parks and Recreation office in Town Hall or at the Dix Hills Ice Rink building.

SOCCER

ADULT SOCCER LEAGUES – FALL

DATES: September 5 – October 24
Senior Coed Adult: Tuesdays/ThursdaysAct. #131802-01

GAME TIMES: 9:00 p.m. – 11:00 p.m.

LOCATION: Breezy Park, 19 West Rouges Path

ELIGIBILITY: Entry is on a team basis only
Senior Coed Adult: Men 30+ years; Women – 26+ years

FEE: \$760* w/Huntington or Suffolk County Recreation ID card per team (all players must purchase a Recreation ID card)
\$860* w/o Recreation ID card per team
*Includes officials' fees

Only five (5) non-Suffolk County residents per team

REGISTRATION: Online and in-person registration is currently underway. In-person registration is at the Parks & Recreation Office and the Dix Hills Ice Rink.

(continued next page)

Click on Activity Button to Register Online

Tennis 4:15
Act. #132211-01

Tennis 4:45
Act. #132211-02

Tennis 5:45
Act. #132211-03

Volleyball 5:00
Act. #132207-01

Soccer – Senior
Act. #131802-01



Athletic Programs – Soccer / Squirts

INDOOR SOCCER LEAGUE

Recreational league for senior adult males, must be 30 years of age or older, and senior adult females, must be 26 years of age or older. Six players per team. Teams must play at least two females.

DATES:

- Session I December 6, 2017 – January 31, 2018
- Session II February 7 – April 4, 2018

Senior Coed Recreational: Wednesdays

- Session I Act. #131804-01
- Session II Act. #141801-01

TIMES: 7:30 p.m. – 11:00 p.m.

LOCATION: Coindre Hall, 101 Browns Rd. Huntington

FEE: \$326 w/ Huntington or Suffolk County Recreation ID card (per team)
\$362 w/o Recreation ID card (per team)

REGISTRATION: Online and in-person registration starts October 12. In-person registration is at the Parks & Recreation Office and the Dix Hills Ice Rink.

Click on Activity Button to Register Online

Soccer I
Act. #131804-01

Soccer II
Act. #141801-01

PARENT & ME / SOCCER SQUIRTS

SOCCER SQUIRTS – FALL

A great way to introduce your child to soccer in a safe and fun filled environment. Players learn the fundamentals through a range of structured activities and fun games. This program is provided in cooperation with the US Sports Institute.

DATES: Thursdays, September 14 – October 26, 2017 (seven sessions)

TIMES: 10:30 a.m. – 11:30 a.m.Act. #131502-01
 1:00 p.m. – 2:00 p.m.Act. #131502-02
 4:00 p.m. – 5:00 p.m.Act. #131502-03
 Ages 5 – 7 5:00 p.m. – 6:00 p.m.Act. #131502-04

ELIGIBILITY: Ages 3 – 5 years except where noted

FEE: \$145 per child (includes a certification/evaluation)

LOCATION: Elwood Park, Cuba Hill Road, Elwood

REGISTRATION: Currently underway at the Parks and Recreation office in Town Hall or at the Dix Hills Ice Rink building.

Soccer Squirts 10:30
Act. #131502-01

Soccer Squirts 1:00
Act. #131502-02

Soccer Squirts 4:00
Act. #131502-03

Soccer Squirts 5:00
Act. #131502-04

(continued page 13)

View the Town of Huntington website:
www.huntingtonny.gov for updates

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Under blue skies and with beautiful panoramic views of the Long Island Sound, over thirty junior golfers took to the fairways of the Crab Meadow Golf Course in Northport on June 28, 2017 to compete in the Lenney Peters Jr. Golf Tournament.

This popular event was founded and first held in 1967 by Crab Meadow's first golf professional, Lenney Peters. For many, the sport of golf is lifelong passion and gentlemen like Lenney Peters understood the importance of making Crab Meadow accessible for our youth.

"Lenney was a true champion of the game and a fierce advocate of promoting youth golf. This event truly honors Lenney's legacy and spirit and my congratulations to all of this year's winners," stated Councilman Mark Cuthbertson who championed for the return of this great youth competition.

PARENT & ME SOCCER SQUIRTS

Parent and Me Soccer Sports is designed to introduce children to soccer with the help of Mom or Dad. The teacher will lead you and your child through a series of fun games and activities, designed to encourage learning, develop gross motor skills, and promote social interaction.

DATES & TIMES:

Soccer Squirts Thursdays, September 14 – October 26
 (seven sessions)
 9:30 a.m. – 10:15 a.m.Act. #131505-01

ELIGIBILITY: Children ages 2 and 3, must be accompanied by a parent or guardian

LOCATION: Elwood Park, Cuba Hill Road, Elwood

FEE: \$105 per child

REGISTRATION: Online and in-person registration is currently underway. In-person registration is at the Parks & Recreation Office and the Dix Hills Ice Rink.

(continued next page)

Click on Activity Button to Register Online

**P&M Soccer
Act. #131505-01**

View the Town of Huntington website: www.huntingtonny.gov for updates

**Councilman Mark Cuthbertson,
Supervisor Frank P. Petrone and the Town of Huntington
are proud to sponsor a**

Children's Halloween Costume Parade

Tuesday, October 31

4:00 p.m. line up, 4:15 p.m. parade begins

Gerard Street

(in front of Huntington Post Office)

**For more information, go to huntingtonny.gov
or call 631-351-2877**



Mark Cuthbertson
Councilman

Susan A. Berland
Councilwoman

Frank P. Petrone
Supervisor

Eugene Cook
Councilman

Tracey A. Edwards
Councilwoman



SPORTS SQUIRTS

This program is designed to introduce young children to a variety of sports (basketball, softball, lacrosse, and favorite games) in a safe, fun, structured environment. All games and activities will encompass hand/eye coordination, balance, agility, and movement – all key factors to the early development of children in sport. This program is provided in cooperation with the US Sports Institute.

- DATES:** Tuesdays, September 19 – October 31
(seven sessions)
- TIMES:** 4:00 p.m. – 5:00 p.m.Act. #131501-03
(Ages 5 – 7) 5:00 p.m. – 6:00 p.m.Act. #131501-04
- ELIGIBILITY:** Ages 3 – 5 years old except where noted
- FEE:** \$145 per child (includes a certificate/evaluation)
- LOCATION:** Greenlawn Park, Duffy Field, Greenlawn
- REGISTRATION:** Online and in-person registration is currently underway. In-person registration is at the Parks & Recreation Office and the Dix Hills Ice Rink.

T-BALL SQUIRTS

This program is a great way to introduce young boys and girls to the exciting game of baseball. T-Ball Squirts focuses on the fundamental skills of the game, including hitting, throwing, catching, and running bases. The progressive T-Ball curriculum enables each child to develop the skills and understanding of the game. Using safe and developmentally appropriate equipment, core components of T-Ball are learned through a series of fun games and activities designed to reinforce fundamental skills and incorporate game situations.

- DATES:** Mondays, September 18 – October 30, 2017
(seven sessions)
- TIMES:** 1:00 p.m. – 2:00 p.m.Act. #131503-04
2:00 p.m. – 3:00 p.m.Act. #131503-01
4:00 p.m. – 5:00 p.m.Act. #131503-02
(Ages 5 – 7) 5:00 p.m. – 6:00 p.m.Act. #131503-05
- LOCATION:** Greenlawn Park, Pulaski Road, Greenlawn
- ELIGIBILITY:** Ages 3 – 5, except where noted
- FEE:** \$145
- REGISTRATION:** Online and in-person is currently underway. In-person is at Parks and Recreation office or at the Dix Hills Ice Rink.

Click on Activity Button
to Register Online

**Sports Squirts 4:00
Act. #131501-03**

**Sports Squirts 5:00
Act. #131501-04**

**T-Ball Squirts
Act. #131503-04**

**T-Ball Squirts
Act. #131503-01**

**T-Ball Squirts
Act. #131503-02**

**T-Ball Squirts
Act. #131503-05**

**View the Town of Huntington
website: www.huntingtonny.gov for updates**



TENNIS

PRIVATE TENNIS LESSONS

The Town of Huntington Department of Parks and Recreation announces one-on-one individual tennis lessons for ages 7 and up.

..... Act. #132503-01

Bring a water bottle, tennis racquet, and an unopened can of USTA tennis balls.

DATES: Instructors will call participants to schedule lessons mid to late September.

TIMES: Various

LOCATION: Various tennis courts.

FEE: \$150 w/Recreation ID card for 5 lessons
\$175 w/o Recreation ID card for 5 lessons

REGISTRATION: Online and in-person registration is currently underway. In-person registration is at the Parks and Recreation office and at the Dix Hills Ice Rink.

ADULT FALL SESSION

DATES: September 5 – October 23 (six 1-hour sessions)

NOTE: No class Labor Day, September 4; September 20 and 21; and Columbus Day, October 9

ELIGIBILITY: Adults, age 16 and older

FEE: \$47 w/Recreation ID card
\$63 w/o Recreation ID card

BEGINNER – INTERMEDIATE TENNIS LESSONS:

For players with some or no tennis ability. This class is designed for those who are just starting out or those who have taken previous lessons and need further instruction on the basics. Class will be slower paced and drills, games, and instruction will be provided on skill level. Class will be broken up by ability.

Mondays, 7:00 p.m., Terry Farrell ParkAct. #132501-01

Tuesdays, 7:00 p.m., Heckscher ParkAct. #132501-02

Wednesdays, 8:00 p.m., Terry Farrell ParkAct. #132501-03

Thursdays, 8:00 p.m., Heckscher ParkAct. #132501-04

Click on Activity Button to Register Online

**Private Tennis
Act. #132503-01**

**Adult Tennis – Beg
Act. #132501-01**

**Adult Tennis – Beg
Act. #132501-02**

**Adult Tennis – Beg
Act. #132501-03**

**Adult Tennis – Beg
Act. #132501-04**

RAIN / MISSED CLASS POLICY FOR GROUP TENNIS LESSONS

When tennis lessons are rained out they will be made up as needed. Instructors will inform the players about the make-up dates. Participants can't make-up lessons that were missed due to personal reasons.

Athletic Programs – Tennis



INTERMEDIATE – ADVANCED TENNIS LESSONS:

For players with complete knowledge of tennis strokes and game play. Players in this class can expect faster paced drills and games. Participants should be able to hold a rally and compete. Courts will be broken up by ability.

Mondays, 8:00 p.m., Terry Farrell ParkAct. #132502-01
Tuesdays, 8:00 p.m., Heckscher ParkAct. #132502-02
Wednesdays, 7:00 p.m., Terry Farrell ParkAct. #132502-03
Thursdays, 7:00 p.m., Heckscher ParkAct. #132502-04

Bring a water bottle, tennis racquet, and an unopened can of USTA tennis balls.

REGISTRATION: Online and in-person registration is currently underway. In-person registration is at the Parks and Recreation office and at the Dix Hills Ice Rink.

ADULT FALL MATCH PLAY

An opportunity to play organized singles and doubles matches. The small class size will allow for improved match strategy and the development of match skills. Must have knowledge of all tennis strokes and game play. This program is designed for intermediate players.

DATES/TIMES: Saturdays, September 9 – October 14
9:00 a.m. – 10:30 a.m.Act. #132504-01

LOCATION: Heckscher Park, Huntington

ELIGIBILITY: Intermediate players ages 18 and older

FEE: \$47 with Recreation ID Card
\$63 without Recreation ID Card

REGISTRATION: Online and in-person registration is currently underway. In person registration is at the Parks and Recreation office and at the Dix Hills Ice Rink.

CARDIO TENNIS

Cardio tennis is the Town's newest tennis "workout" class! In this fun class you will be guided in heart pumping tennis drills coupled with total body exercises designed as a high-energy workout. Each class will consist of 45 minutes of aerobic, high-intensity drills, followed by a 15-minute free play cool down period. If you are looking to burn calories and enjoy tennis, then this is the class for you. Class is open to all abilities. Instruction on tennis strokes is not provided in this class.

DATE/TIME: Saturdays, September 9 – October 14
10:30 a.m. – 11:30 a.m. Act. #132507-01

LOCATION: Heckscher Park, Huntington

ELIGIBILITY: Ages 16 and older

FEE: \$47 w/Recreation ID Card
\$63 w/o Recreation ID Card

REGISTRATION: Online and in-person registration is currently underway. In-person registration is at Parks and Recreation office or the Dix Hills Ice Rink. Bring a tennis racquet and an unopened can of USTA tennis balls.

Click on Activity Button
to Register Online

Adult Tennis – Int.
Act. #132502-01

Adult Tennis – Int.
Act. #132502-02

Adult Tennis – Int.
Act. #132502-03

Adult Tennis – Int.
Act. #132502-04

Adult Match Play
Act. #132504-01

Cardio Tennis
Act. #132507-01



GOLF

HOURS OF OPERATION

Starting and closing times are subject to change depending on conditions.

Weekdays

- April 7:00 a.m. – 5:00 p.m.
- May – August 6:00 a.m. – 6:00 p.m.
- September..... 6:30 a.m. – 6:00 p.m.
- October 7:00 a.m. – 5:00 p.m.
- November – Closing..... 8:00 a.m. – 3:00 p.m.

Weekends (*Note: Weekend rates apply to holidays*)

- April 7:00 a.m. – 5:00 p.m.
- May – August 6:00 a.m. – 6:00 p.m.
- September..... 6:30 a.m. – 6:00 p.m.
- October 7:00 a.m. – 5:00 p.m.
- November – Closing..... 8:00 a.m. – 3:00 p.m.

Twilight Time (Crab Meadow Only)

- April – Octoberafter 3:00 p.m.
- November – Closing.....after 1:00 p.m.

Weekends at Crab Meadow are defined as Saturday and Sunday except between Memorial Day and Labor Day when they are defined as Friday, Saturday, and Sunday.

Weekdays at Crab Meadow are defined as Monday, Tuesday, Wednesday, and Thursday between Memorial Day and Labor Day.

Weekdays at Dix Hills are defined as Monday, Tuesday, Wednesday, Thursday, and Friday.

MOTORIZED GOLF CARTS AT CRAB MEADOW

The cost is \$18 per riding golfer with a maximum of two carts per foursome.

MOTORIZED GOLF CARTS AT DIX HILLS

The cost is \$11 per riding golfer with a maximum of two carts per foursome.

RESERVATIONS

Resident Golf Card required

- Crab Meadow – www.crabmeadow.com..... \$4.00/golfer
- Dix Hills – 499-8005..... \$3.00/golfer

12 years old and under must be accompanied by an adult. Ages 13-15 years old play under the parent's card and are allowed to play on course without an adult. 16 years and older play by themselves and are required to purchase a recreation ID card for Dix Hills or a golf card for Crab Meadow. A golf card may be used at either course.

(continued next page)

GOLF CARD

FEE: \$30 for one year
 \$45 for two years
 (Check, credit card, and money order ONLY)

To purchase a Golf Card, residents must show two current forms of identification (showing address) to demonstrate Town residency. **One must be a NYS Driver's License or Non-Driver ID**, the other must be one of the following: tax bill, utility bill, library card (w/address), car registration, school ID. **RENEWALS REQUIRE THE SAME PROOFS OF RESIDENCY AS NEW PASSES. IF AVAILABLE, BRING IN OLD GOLF CARD.**

Recreation ID and Golf Cards may be obtained from the Department of Parks and Recreation, Town Hall, Room 103 (351-3089) Monday – Friday 9:00 a.m. thru 4:00 p.m. or the Dix Hills Ice Rink (462-5883) Monday thru Thursday 8:00 a.m. thru 8:00 p.m. and Friday, Saturday, and Sunday 10:00 a.m. thru 5:00 p.m.

CRAB MEADOW GOLF COURSE

18 hole, par 72, 6598 yards

Course ratings:

Men's – 71.8...69.9

Women's – 72.1

Pro Shop.....631-757-8800

Reservation System..... www.crabmeadow.com

"MAC's at the Meadow" Restaurant.....631-757-1300

The course features a clubhouse with a restaurant and bar, locker room (lockers can be rented on a seasonal basis), driving range, putting green, electric and pull carts for rent and a large parking area. Full staff of PGA Pros offering lessons for all skill levels and ages.

(continued)

CRAB MEADOW GREEN FEES:	Weekday	Weekend	Twilight	Weekend Twilight	Super Twilight (golf carts included)
Resident w/Golf Card	\$29	\$31	\$23	\$23	\$23
Sr./Disabled w/Golf Card†	\$21	\$31	\$16	\$23	\$23
Non-cardholder	\$46	\$51	\$29	\$29	
Disabled front nine w/Golf Card	\$12	\$19			
Junior/Teen w/Golf Card*† (*after 3:00 p.m. fee is \$12)	\$28	\$30	\$12		
Back Nine Early Morning Special: first 1½ hours of operation includes golf cart	\$22	\$27			
†No Senior or Junior rates on weekends					

Come and join
Councilwoman
Susan A. Berland



Saturday, October 28, 2017
10:00 a.m. – 12:00 p.m.

to help restore

The Historic
“Old Burying Ground”
228 Main Street in Huntington

Make a difference at this historic site. . .
Meet your neighbors in a community-spirited
volunteer project. Choose a job: we will be
raking leaves, picking up litter and removing
saplings, brush and vines.

(If you have a rake, clippers or loppers,
please bring them.)

We will meet at the
Old Burying Ground, 228 Main Street
near the Soldiers and Sailors Building.
Parking is on the right of the
Soldiers and Sailors Building as you face it.

For additional information, please call 631-351-3173.

To volunteer, please visit

<http://www.huntingtonny.gov/cleanup>

Please remember to wear appropriate clothing.
Protective gloves and trash bags will be provided.

Refreshments will be provided to our volunteers courtesy of
Little Vincent’s Pizza, 329 New York Avenue, Huntington



Mark Cuthbertson
Councilman

Susan A. Berland
Councilwoman

Frank P. Petrone
Supervisor

Eugene Cook
Councilman

Tracey A. Edwards
Councilwoman



Councilwoman Susan A. Berland and her family visit the golf course at Dix Hills Park. The Town maintains two golf courses, the 18-hole Crab Meadow course in Northport and the 9-hole Dix Hills course at Dix Hills Park.

**Private Golf Instruction • Driving Ranges
Full Service Discount – Pro Shops
PGA PRO ON SITE**

Crab Meadow Golf Course – 631-757-8800

www.crabmeadow.com

Dix Hills Park Golf Course – 631-499-8005

DIX HILLS GOLF COURSE

The golf course is located on Vanderbilt Parkway east of Deer Park Road, Dix Hills. It is a 9-hole golf course, Men’s par 31 – 1930 yards / Ladies’ par 32 – 1882 yards. The complex features a Practice Range, Putting Green, and Pro Shop with electric and pull carts available.
Pro Shop.....631-499-8005

DIX HILLS GREEN FEES:	Weekday	Weekend
Resident w/Recreation ID Card or Golf Card	\$17	\$19
Sr./Disabled w/Recreation ID Card or Golf Card	\$12	\$19
Non-cardholder	\$21	\$25
Junior/Teen w/Recreation ID Card or Golf Card*	\$16	\$18
*weekdays Monday–Friday after 12 noon and Saturday/ Sunday after 3:00 p.m. fee is \$10		

GOLF LEAGUES AT DIX HILLS PARK

Dix Hills Park Junior Golf Program & the Crab Meadow High School Golf Development Program Registration started April 1.
For more information including fee, dates and times, call the
Dix Hills Park Golf Course • 631-499-8005

**Councilwoman Susan A. Berland
and the Huntington Youth Council
Present the Annual**

“SPORTS SWAP”

**DIX HILLS ICE RINK
SATURDAY, OCTOBER 14, 2017
2:00 – 4:00 p.m.**

HOW IT WORKS:

**Bring your gently used hockey, figure skating,
baseball, lacrosse, and soccer equipment to the
official drop-off box at the Dix Hills Ice Rink September 30 –
October 13 to receive a voucher for each item donated.**

**Bring your voucher to the Ice Rink on October 14
to shop, swap, and socialize with
fellow Town of Huntington residents!**

**Residents unable to donate
equipment can still shop for
any equipment by donating
\$5.00 for each item purchased.
The Youth Council will be
donating ALL proceeds to a
Town of Huntington charity.**



Mark Cuthbertson
Councilman

Susan A. Berland
Councilwoman

Frank P. Petrone
Supervisor

Eugene Cook
Councilman

Tracey A. Edwards
Councilwoman





Dix Hills Ice Rink

DIX HILLS ICE RINK

RECREATION CARDS:

Recreation ID cards can also be obtained at Dix Hills Ice Rink,
Monday – Thursday 8:00 a.m. – 8:00 p.m.
Friday, Saturday & Sunday 10:00 a.m. – 6:00 p.m.

CHARTER TIME:

We welcome all PTA's, school groups, social and service organizations to take advantage of the charter times available. Arrangements may be made with the Ice Rink Manager. Call 631-499-8058 for availability.

FEE: \$375 per hour for prime time
\$325 per hour for off time (midnight – 6:00 a.m.)
\$500 per hour for special event

BIRTHDAY PARTIES:

Available during public sessions. Call 631-499-5470 for details and reservations.

FREESTYLE:

Ice is available for the advanced figure skater. Call 631-462-5883 for various times and sessions.

MEN'S RECREATIONAL HOCKEY

For beginner and intermediate players. Program includes ten 1½ hour sessions during weekday evenings. No contact, full equipment.

DATES:

Session IV begins September 11Act. #252603-04
Session V November 20.....Act. #252603-05
Session I February 12.....Act. #252603-01

LOCATION: Dix Hills Ice Rink

TIME: 9:00 p.m. – 10:30 p.m. and 10:40 p.m. – 12:10 a.m.

FEE: \$210 w/Recreation ID card
\$260 w/o Recreation ID card

REGISTRATION DATES:

Session IV Ongoing at Dix Hills Ice Rink.....Act. #252603-04
Session V October 23 at Dix Hills Ice RinkAct. #252603-05
Session I January 22 at Dix Hills Ice RinkAct. #252603-01

ICE SKATING INSTRUCTION

6-week instructional skating program for ages 4 years to adult. The classes run for ½ hour each week with various days and times for each group. Groups are assigned by age and skating ability. All Mommy & Me children, Tots, and Basic 1-2 students are suggested to wear **HELMETS (bicycle helmets are acceptable)**. Dix Hills Ice Rink follows USFSA guidelines, following is a list of classes and what you will need to have completed to advance to the next level:

Mommy & Me – Ages 3 & 4 never skated with mommy or daddy

Snowplow Sam 1 – Ages 4 & 5 never skated

(continued next page)

Click on Activity Button
to Register Online

**Rec Hockey – IV
Act. #252603-04**

**Rec Hockey – V
Act. #252603-05**

**Rec Hockey – I
Act. #252603-01**

Dix Hills Ice Rink



Snowplow Sam 2 – March and glide, moving dip, backward wiggles, forward swizzles, 2-foot hop in place, forward skating, one-foot glide, forward and backward swizzles, snowplow stop, curves

Basic 1 – March, 2-foot glide, forward swizzles, backward wiggles, snowplow stop, rocking ahve, 2-foot hop in place

Basic 2 – 1-foot glide, 2-foot backward glide, backward swizzles, 2-foot turn from forward to backward, moving snow plow stop, forward ½ swizzles pumps in a straight line.

Basic 3-4 – Forward stroking, ½ swizzle pumps clockwise and counter clockwise, backward 1-foot glide R&L. Forward outside and inside edge on a circle R&L, forward crossovers clockwise and counter clockwise, forward outside three turn R&L, backward ½ swizzle pumps.

Basic 5-7 – Backward outside and inside edge R&L, backward crossovers clockwise and counter clockwise, one-foot spin, hockey stop, and side toe hop. Forward inside three turn R&L moving backward to forward, 2-foot turn clockwise. Forward inside open Mohawk R to L and L to R, backward outside edge glide, forward inside pivot. Moving outside and inside 3-turn R & L, one-foot spin, waltz jump, mazurka R&L.

Hockey/Beginner – Must skate forward and wear hockey helmet.

Hockey/Intermediate – Skating forward and backwards

Adult – Various levels, just interested in the art of skating

DATES:

- Session V begins September 12
- Session VI begins October 31
- Session I begins January 2

TIME: Weekdays and weekends

ELIGIBILITY: Ages 3 – adult

FEE: Ranges from \$75 to \$100 for six ½-hour classes, which includes rink admission, but not skate rentals (\$4.00)

REGISTRATION: Classes are offered at different times / days, please go to the town website and type activity # for complete list.

Ice Skating Instruction – Session V – Ongoing, Dix Hills Ice Rink

Mommy & Me	Act. #252650
Sam 1	Act. #252651
Sam 2.....	Act. #252652
Basic 1	Act. #252653
Basic 2	Act. #252654
Basic 3-4	Act. #252655
Basic 5-7	Act. #252656
Hockey 1	Act. #252657
Hockey 2	Act. #252658
Adult	Act. #252659

(continued)

Click on Activity Button to Register Online

Mommy & Me – V
Act. #252650

Sam 1 – V
Act. #252651

Sam 2 – V
Act. #252652

Basic 1 – V
Act. #252653

Basic 2 – V
Act. #252654

Basic 3-4 – V
Act. #252655

Basic 5-7 – V
Act. #252656

Hockey 1 – V
Act. #252657

Hockey 2 – V
Act. #252658

Adult – V
Act. #252659



Councilman Eugene Cook was proud to sponsor the resolution to dedicate the Charles A. Oddo Verleye Park in East Northport. The Town of Huntington has many beautiful parks to enjoy, and Councilman Cook invites you to visit them with friends and family.

Ice Skating Instruction – Session VI – October 10, Dix Hills Ice Rink

Mommy & Me	Act. #252660
Sam 1	Act. #252661
Sam 2	Act. #252662
Basic 1	Act. #252663
Basic 2	Act. #252664
Basic 3-4	Act. #252665
Basic 5-7	Act. #252666
Hockey 1	Act. #252667
Hockey 2	Act. #252668
Adult	Act. #252669

(continued)

Click on Activity Button to Register Online

Mommy & Me – VI
Act. #252660

Sam 1 – VI
Act. #252661

Sam 2 – VI
Act. #252662

Basic 1 – VI
Act. #252663

Basic 2 – VI
Act. #252664

Basic 3-4 – VI
Act. #252665

Basic 5-7 – VI
Act. #252666

Hockey 1 – VI
Act. #252667

Hockey 2 – VI
Act. #252668

Adult – VI
Act. #252669



HUNTINGTON ALERT

The electronic way Town Hall can contact you

If a major storm is approaching or an emergency has occurred, Town Hall wants to help you be prepared. We will call you with a message that includes important information and instructions.

What number will be called? That's your choice.

Go to <http://huntingtonny.gov>, click on the Huntington Alert icon and verify or update your information.

**WHEN THERE IS NO SCHOOL, COME TO
THE DIX HILLS ICE RINK & BE COOL!!!**

FULL DAY CAMP

9:00 a.m. – 3:30 p.m.

Camp includes one hour instruction, arts & crafts,
sports activities, group games

Dates Offered:

October 9; November 10; December 26, 27, 28, 29
January 15; February 19, 20, 21, 22, 23; March 29, 30; April 2, 3, 4, 5, 6

Cost Per Day:

\$60 per day – w/ Recreation ID Card
\$70 – w/o Recreation ID Card

Sign-up for one of these camp days at the
Dix Hills Ice Rink or on-line at www.tohparks.com
For more information please contact the
Dix Hills Ice Rink at 631-462-5883.



TOGETHER, WE CAN CREATE A BETTER US.

TRY THE Y! FREE FOR 1 WEEK

- STRENGTH & CARDIO CENTER
- FUNCTIONAL TRAINING
- GROUP EXERCISE CLASSES
 - LAP SWIMMING
 - GYMNASIUMS
- ACTIVE OLDER ADULT PROGRAMS
- FAMILY ACTIVITIES



HUNTINGTON YMCA

60 MAIN STREET
HUNTINGTON, NY 11743
PHONE: 631.421.4242
YMCALI.ORG • 855.2YMCALI



Ice Skating Instruction – Session I – November 29, Dix Hills Ice Rink

Mommy & Me	Act. #252610
Sam 1	Act. #252611
Sam 2.....	Act. #252612
Basic 1	Act. #252613
Basic 2	Act. #252614
Basic 3-4	Act. #252615
Basic 5-7	Act. #252616
Hockey 1	Act. #252617
Hockey 2	Act. #252618
Adult	Act. #252619

FALL/WINTER/SPRING PUBLIC SESSIONS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30 a.m. – 1:30 p.m.	10:00 a.m. – noon	10:00 a.m. – noon	10:00 a.m. – noon	10:00 a.m. – noon	10:00 a.m. – noon	11:30 a.m. – 1:30 p.m.
2:00 p.m. – 4:00 p.m.	12:15 p.m. – 2:15 p.m.				12:15 p.m. – 2:15 p.m.	2:00 p.m. – 4:00 p.m.
				3:45 p.m. – 5:45 p.m.	3:45 p.m. – 5:45 p.m.	
					DJ Nite 8:15 p.m. – 10:15 p.m.	

HOLIDAY BREAK DEC. 23 – JAN. 1 PUBLIC SESSIONS (Rink Closed December 25)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:30 a.m. – 1:30 p.m.	10:00 a.m. – noon	10:00 a.m. – noon	10:00 a.m. – noon	10:00 a.m. – noon	10:00 a.m. – noon	11:30 a.m. – 1:30 p.m.
2:00 p.m. – 4:00 p.m.	12:15 p.m. – 2:15 p.m.	12:15 p.m. – 2:15 p.m.	12:15 p.m. – 2:15 p.m.	12:15 p.m. – 2:15 p.m.	12:15 p.m. – 2:15 p.m.	2:00 p.m. – 4:00 p.m.
	2:45 p.m. – 4:45 p.m.	2:45 p.m. – 4:45 p.m.	2:45 p.m. – 4:45 p.m.	2:45 p.m. – 5:45 p.m.	2:45 p.m. – 5:45 p.m.	
					DJ Nite 8:15 p.m. – 10:15 p.m.	



Click on Activity Button to Register Online

**Mommy & Me – I
Act. #252610**

**Sam 1 – I
Act. #252611**

**Sam 2 – I
Act. #252612**

**Basic 1 – I
Act. #252613**

**Basic 2 – I
Act. #252614**

**Basic 3-4 – I
Act. #252615**

**Basic 5-7 – I
Act. #252616**

**Hockey 1 – I
Act. #252617**

**Hockey 2 – I
Act. #252618**

**Adult – I
Act. #252619**



PUBLIC SESSION FEES:

	Weekdays / Weekends
Child with Rec ID card	\$6.00
Adult with Rec ID card	\$7.50
Sr. Citizen with Rec ID card	\$5.00
Sr. Citizen w/o Rec ID card	\$9.00
Teen (13-17) with Rec ID card	\$7.00
Teen (13-17) w/o Rec ID card	\$9.00
Child w/o Rec ID card	\$9.00
Adult w/o Rec ID card	\$12.00
Skate Rentals	\$4.00
Lockers	\$.50
DJ Nite – Residents with Rec ID	\$7.00
DJ Nite – w/o Rec ID card	\$11.00

YOUTH ICE HOCKEY RECREATION LEAGUE

The league is set up as a recreational league which teaches the fundamentals of the game through clinics, practices, and game play, while having fun, fun, fun. Each participant will receive a 12-game season, weekly clinic, four practices, NHL style jersey, and trophies.

DATES: Fall Season – program starts October 14
Spring Season – starts in February

ELIGIBILITY: Boys and girls at all levels

FEE: \$375 per participant

REGISTRATION: Register at the Park or online at www.tohparks.com

Fall Season ongoing.....Act. #212604-23

Spring Season begins January 2Act. #212604-25

FOR ALL OF THE DIX HILLS ICE RINK'S LATEST UPDATES, PLEASE DON'T FORGET TO LIKE US AT:

<https://www.facebook.com/DixHillsPark>



Click on Activity Button to Register Online

**Youth Hockey – Fall
Act. #212604-23**

**Youth Hockey – Spring
Act. #212604-25**



THE TOWN OF HUNTINGTON PARKS DEPARTMENT AND THE NEW YORK RANGERS ANNOUNCE TWO NEW GREAT PROGRAMS

The Town of Huntington Parks Department and the New York Rangers are happy to announce two great new programs we are happy to offer at the Dix Hills Ice Rink this season. The New York Rangers in conjunction with the NHL offer these low cost introductory hockey programs to kid's ages 4 to 8 years old to inspire new families to join the hockey community:

TRY HOCKEY FREE (Ages 5 – 9) – Oct 28th – 10:30 – 1:30 PM

Watch your child take their next "first steps" as they hit the ice for the first time in a fun, introductory lesson designed for kids with little or no prior skating experience. Rangers alumni and our experienced staff of instructors lead a series of 3 - 1 hour sessions.

Each Session Includes:

- Free rental skates and loaner equipment
- Professional instruction alongside Rangers alumni
- Free Rangers hockey stick for your child to take home
- Post-skate meet & greet with NYR alumni

** Registration will be limited to first 225 participants on the NY Rangers website*

This program is offered free of charge (\$0) by the Town of Huntington Parks Department and New York Rangers

LEARN TO PLAY HOCKEY (Ages 5-9) – Saturday's - Jan 6th – March 24th 12 – 1 PM

Getting started in hockey has never been easier or more convenient! This introductory program will teach your child the basic skills of skating, stick-handling, passing, and shooting through 12 1-hour lessons. In addition, they will learn about hard-work and commitment.

Program Includes:

- Free full set of equipment, including skates – ***Yes! Free full set of Hockey Equipment***
- Family-friendly schedule with 12 weeks of 1-hour sessions
- Professional instruction alongside Rangers staff
- Special appearances by Rangers Alumni

** Registration will be limited to first 65 participants on the NY Rangers website*

Cost of the program is just \$175

To sign-up for these programs please visit the Rangers website at nyrangers.com/junior. For more information you can contact the Dix Hills Ice Rink at 631-462-5883.

GREENLAWN SKATE PARK

The Greenlawn Skate Park is located in Greenlawn Park on the corner of Broadway and Cuba Hill Road. The Park, which is 9,200 square feet, has grind boxes, wedges, rails, spines, ramps, sub boxes, quarter pipes, and half pipes ranging up to eight feet in height. The Park is designed for beginners and advanced rollerbladers, scooters, skateboarders, and BMX Bikers. The users themselves designed the Park. All skaters must wear ANSI or SNELL approved helmet. Kneepads, elbow pads, and wrist guards are optional. Skaters must wear shoes and shirt.

SCHEDULE (weather permitting):

Tuesday, September 5 – Sunday, November 5

NOTE: Closed Labor Day, September 4; Columbus Day, October 9

Monday – Friday

3:00 p.m.– 5:00 p.m.skateboards, scooters & rollerblades
5:00 p.m. – dusk BMX Bikes

Saturday / Sundays

12:00 noon – 3:00 p.m. ..skateboards, scooters & rollerblades
3:00 p.m. – dusk BMX Bikes

Monday, November 6 – Friday, November 10

Monday – Friday

3:00 p.m. – 4:00 p.m.skateboards, scooters & rollerblades
4:00 p.m. – dusk BMX Bikes

Saturday / Sundays

12:00 noon – 2:00 p.m. ..skateboards, scooters & rollerblades
2:00 p.m. – dusk BMX Bikes

Park closed from November 11 – April 8, 2018

Schedule subject to change.

FEE: Must have a Town of Huntington Recreation Card to use the facility. For fees see below under Veterans Skate Park.

VETERANS PARK SKATE PARK

The new concrete skate park at Veterans Park includes both street and vertical bowl areas. It was built by Site Design Group and California Skate Parks – two of the premier skateboard companies in the country. The street area is a plaza-type design and consists of various small ramps, stairs, handrails, and low box features including pump bump rollers, stairs with hubbas and handrails, a pier 1 ledge, banked hips, hubba ledges, euro gaps, and small wall rides and quarter pipes. The concrete vertical bowl area consists of two bowls. The first vertical bowl area is a 3 elevation amoeba bowl with pool coping and tile with depths of 6.5 ft., 7.5 ft., and 10 ft. The second vertical bowl is a flow course, which varies in depth from 6.5 ft. to 8.5 ft. There is a 6.5 ft. deep area with a half pipe area and an oververt pocket and hips and concludes at a bowl at a depth of 8.5 ft.

This park can be used for rollerblading and skateboards. BMX bikes are prohibited.

(continued)



Skate Parks

SCHEDULE: (Open year-round weather permitting):

Monday – Friday: 2:00 p.m. – dusk

Saturday & Sunday 10:00 a.m. – dusk

(NOTE: Closed Columbus Day, Thanksgiving Day, Christmas Eve, and Christmas Day)

Schedule subject to change.

FEES:

Resident Recreation ID Card (two years):

Ages 13-17\$10

Ages 18 & older\$20

Non-Resident Recreation ID Card (one year):

All ages\$50

(Recreation ID cards are available at the Parks and Recreation Department or the Dix Hills Ice Rink.)

- Skateboarding and skating are hazardous recreational activities. Use of these facilities may result in injuries. Any use of these facilities is at your own risk. The Town of Huntington does not assume any responsibility for injuries.
- Both parks will be closed when the equipment/apparatus is wet. Call 631-351-3089 Monday – Friday for opening status.
- Skaters under the age of 10 must be accompanied by a parent/guardian at all times while the skater uses the skate park.
- Children under the age of 6 are not allowed in the skate park.
- All participants must wear an ANSI or SNELL approved helmet. Kneepads, elbow pads and wrist guards are optional.

FALL SKATEBOARD LESSONS

DATES: Sundays, September 17 – October 15 (five classes)

TIMES:

Beginner 9:00 – 10:00 a.m.Act. #133001-01

10:00 – 11:00 a.m.Act. #133001-02

Intermediate 11:00 – 12:00 noon **Waiting List** ...Act. #133001-03

LOCATION: Veterans Park Skate Park, Bellrose Avenue, East Northport

ELIGIBILITY: Children in grades one and up.

EQUIPMENT: An ANSI or SNELL approved helmet is required. Kneepads and elbow pads are recommended but optional. **MUST BE** a real skateboard.

INSTRUCTOR: Joe Mannix

FEE: \$68 w/Recreation ID Card
\$83 w/o Recreation ID Card.

REGISTRATION: In person and online registration is currently underway at the Parks and Recreation office or at the Dix Hills Ice Rink.

Click on Activity Button to Register Online

**Skateboard – 9:00
Act. #133001-01**

**Skateboard – 10:00
Act. #133001-02**

**Skateboard – 11:00
Act. #133001-03**

**View the Town of Huntington
website: www.huntingtonny.gov for updates**

CLASSES BEGIN FOR THE FALL SESSION THE WEEK OF OCTOBER 16, 2017

ONLINE AND IN PERSON REGISTRATION

Will begin on September 13 at 9:00 a.m. at Huntington Town Hall, Recreation and Parks Department, 100 Main Street, Room 103, Huntington, or Dix Hills Park Ice Rink Building, 575 Vanderbilt Parkway, Dix Hills seven (7) days a week. No cash accepted over \$25.



MAIL-IN REGISTRATION

Starting September 13, mail-in registrations will be processed in order of receipt. There are no guarantees with mail-in registration. Enclose a separate check for each course/workshop with the mail-in form. [Click here to download the registration form.](#)

DISCOUNT – THIS DISCOUNT APPLIES ONLY TO COMMUNITY EDUCATION / RECREATION CLASSES:

Senior Citizens, 60 years and above, or disabled individuals receive

a \$5 discount with a Senior or Disabled Recreation ID card only on classes, not on workshops.

ELIGIBILITY

16 years of age and older, except where noted.

FOR INFORMATION AND REFUNDS

Call 631-351-3089 – make checks payable to *Huntington Parks and Recreation*. No refunds will be made after you register unless the course is cancelled. There will be a \$25 service charge for returned checks.

PROGRAM DATES

Classes begin for the FALL session on, Monday, October 16, 2017 and Thursday, October 19, 2017. All Adult education classes have EIGHT sessions. Due to holidays, these sessions may not meet consecutively.

OFFICE HOURS

The **Parks and Recreation Department** is located in Town Hall, Room 103, 100 Main Street, Huntington, NY 11743. The Department's office hours are from 9:00 a.m. to 4:00 p.m., Monday thru Friday.

The **Dix Hills Ice Rink** is located at 575 Vanderbilt Parkway. Dix Hills registration hours are 8:00 a.m. to 8:00 p.m., Monday thru Thursday, and 10:00 a.m. to 5:00 p.m. on Fridays, Saturdays, and Sundays.





COOKING WORKSHOPS BY JOHN

These classes are designed for you to have a night out for a wonderful meal. We use the freshest ingredients available. It's a restaurant-style meal where you get a demonstration recipe and get to help if you would like. Each class is separate from one another, so register for one or for all. Bring your apron if you want to help. The materials fee is due IN CASH at each class to the instructor.

FALL HARVEST

If you enjoy finding delicious new ways to showcase fresh vegetables, this is the class for you! Learn to prepare eggplant three ways – pickled, fried, and campanota – roast vegetables, and bake a gluten-free zucchini bread. Exact menu selection will be dependent upon availability of farm-fresh produce, and subject to surprise. Last year's ugly rutabaga, tender, sweet and full of flavor, was a class favorite. Come join us to see what pleasures our east-end farms can bring to your family's table.

DATE: Monday, November 6Act. #131019-01
TIME: 7:00 p.m. – 9:00 p.m.
LOCATION: John Glenn High School
FEE: \$14 per person, plus \$10 materials fee due at class in cash

GONG-XI FA-CAI – HAPPY NEW YEAR!

To ensure that the coming year is a happy and healthy one, preparations must be made. Tidy up your house – sweep out the old and bring in the New Year. Chinese New Year is an exciting holiday. Come to this unique class and you will learn to prepare foods that are symbolic of what is wished for in the year to come. Dumplings that resemble golden coins represent good fortune and heavenly blessings. In this hands-on class, you will learn how to fill, fold and steam dumplings from scratch. Master stir-frying techniques and create sauces from authentic Asian seasonings as you prepare some spicy shrimp, a symbol of wealth and abundance. Long-life noodles with chicken and baby bok choy and deep-fried Chinese long beans round out the banquet menu. Make the upcoming Year of the Dog happy and healthy for you and yours – come cook and prepare with us!

DATE: Monday, November 13Act. #131019-02
TIME: 7:00 p.m. – 9:00 p.m.
LOCATION: John Glenn High School
FEE: \$14 per person, plus \$10 materials fee due at class in cash

(continued)

Click on Activity Button
to Register Online

**Fall Harvest
Act. #131019-01**

**Gong-Xi Fa Cai
Act. #131019-02**



WINTERS IN FRANCE

Elegant and rustic, always compelling – traditional French food remains one of the world's most delectable cuisines. Leave behind any ideas that this food is stuffy and old fashioned! Come and learn the new essentials of French cooking with Chef John as he demonstrates techniques to sear a perfect steak and create a savory wine reduction. Learn how to prepare some classic dishes for the modern cook: Onion Soup Gratinee, Pan-seared Steak with Burgundy Reduction and Shal-lots, Warm Winter Greens and Haricot Vert Salad with Hazelnuts and Chevre, Parisian Chocolat Chaud.

DATE: Monday, November 20Act. #131019-03
TIME: 7:00 p.m. – 9:00 p.m.
LOCATION: John Glenn High School
FEE: \$14 per person, plus \$10 materials fee due at class in cash

SMALL PLATES FOR YOUR HOLIDAY PARTY

Planning an informal gathering of friends and family? No need to fuss! Simply serve up some small bites – after all, it's the appetizer's everybody loves best. Learn to prepare these savory tidbits for your buffet table... mini reubens on cocktail rye, creamy tortellini bites, chicken cordon blue snacks, eggplant meatballs with tomato dipping sauce. Don't stress! Enjoy your guests. Let Chef John show you how.

DATE: Monday, November 27Act. #131019-04
TIME: 7:00 p.m. – 9:00 p.m.
LOCATION: John Glenn High School
FEE: \$14 per person, plus \$10 materials fee due at class in cash

FEAST OF SEVEN FISHES

Not everyone has an Italian grandmother to lovingly prepare a traditional feast of seven fishes during the holiday season. Luckily, Chef John will be channeling his inner nonna to show you how to cook old world Italian – with a contemporary twist. Learn to prepare broiled lobster tails, crab cake sliders, fried calamari, pan seared scallops, baked clams, mussels in white wine sauce, and sautéed shrimp with fine herbs and fresh tomato. Bring your appetite, and come prepared to work alongside others in this hands-on class. Then go home prepared to serve up a holiday feast just like nonna did!

DATE: Monday, December 4Act. #131019-05
TIME: 7:00 p.m. – 9:00 p.m.
LOCATION: John Glenn High School
FEE: \$14 per person, plus \$20 materials fee due at class in cash

Click on Activity Button to Register Online

Winters in France
Act. #131019-03

Small Plates
Act. #131019-04

Seven Fishes
Act. #131019-05



DANCE

EAST COAST SWING

This very popular dance is characterized by an up-tempo, carefree, relaxed style that is easily adaptable to a wide range of tempos. Often known as the Jitterbug, the swing with its fun spins and patterns is a very versatile dance going equally well with Big Band, rock-and-roll, many Motown songs, top 40 hits. Whatever your music preference, swing is one of the most exciting partner dances you will ever learn! The pairing of dance partners is not guaranteed. Completion of the beginner course required.

- DATES:** Mondays, October 16 – December 4
- TIME:** 7:00 p.m. – 8:00 p.m.Act. #131015-01
- INSTRUCTOR:** Rico
- LOCATION:** Harley Avenue School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

SALSA – BEGINNER/INTERMEDIATE

Salsa is the most exciting of all Latin dances. This course covers everything needed to know to dance Salsa with confidence. A variety of steps including spins and turns, how to lead and follow, and dancing to the rhythm are all included. The pairing of partners is not guaranteed.

- DATES:** Mondays, October 16 – December 4
- TIMES:** 8:00 p.m. – 9:00 p.m.Act. #131002-01
- INSTRUCTOR:** Rico
- LOCATION:** Harley Avenue School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

HUSTLE/DISCO

This dance is as popular today as it was in the '70s. By the end of this course you will be doing disco turns, wraps and spins and be the envy of everyone where ever disco/club music is played. The pairing of dance partners is not guaranteed.

- DATES:** Mondays, October 16 – December 4
- TIME:** 9:00 p.m. – 10:00 p.m.Act. #131013-01
- INSTRUCTOR:** Rico
- LOCATION:** Harley Avenue School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card



Click on Activity Button
to Register Online

East Coast Swing
Act. #131015-01

Salsa – Beg/Int
Act. #131002-01

Hustle/Disco
Act. #131013-01



FITNESS

BELLY DANCING

Learn the exciting art of belly dance and release the Goddess within! Belly dancing strengthens the entire body while improving posture, coordination, and flexibility. Classes begin with a fitness-based warm-up; basic belly dance moves are broken down and then put together at the end to have some fun! It's a complete workout while having a hip shakin' good time! Please wear comfortable clothes and ballet slippers or go barefoot.

- DATES:** Mondays, October 16 – December 4
- TIME:** 7:00 p.m. – 8:00 p.m.Act. #131011-01
- INSTRUCTOR:** Tia Stefanski
- LOCATION:** John Glenn High School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

HOOP WORKOUT

The **Hoop Workout** is a feel-good fitness that inspires pleasure, strength, confidence, inner radiance, power, and poise for both men and women. Participants learn to love the process of getting fit as they learn to hoop on their waist, torso, arms, and legs while strengthening and toning the entire body! Additional focus is on team building activities and making learning fun.

- DATES:** Thursdays, October 19 – December 14
- TIME:** 7:00 p.m. – 8:00 p.m.Act. #131031-01
- INSTRUCTOR:** Tia Stefanski
- LOCATION:** Harley Avenue Primary School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

YOGA

YOGA

Yoga postures in combination with breathing and meditation will improve your health, reduce stress, and inhibit the aging process. Gain flexibility, good posture, and overall muscle strength. Bring mat, water bottle and wear comfortable clothing.

- DATES:** Mondays, October 16 – December 4
- TIME:** 7:00 p.m. – 8:00 p.m.Act. #131006-01
- INSTRUCTOR:** Bobbie Matteson
- LOCATION:** Harley Avenue Primary School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

For more Fitness Classes, see pages 51-52.

Click on Activity Button to Register Online

**Belly Dancing
Act. #131011-01**

**Hoop Workout
Act. #131031-01**

**Yoga
Act. #131006-01**



Councilwoman Tracey Edwards with Emerson Boozer at the Field Dedication Ceremony at Manor Park honoring Emerson Boozer who is a legend in the NFL and a great leader in our town

ZUMBA

ZUMBA® FITNESS

Zumba Fitness is a Latin-inspired dance-fitness class that incorporates both international and current pop music and movements to create a high-energy, low-impact, total-body workout! You will love how the time flies by while you're having a blast torching those calories! All ages and fitness levels are welcome. Please wear supportive sneakers, comfortable light-weight clothing, and bring plenty of water. Get ready to ZUMBA and see why over 10 million people a week enjoy this "Exercise in Disguise"!

- DATES:** Thursdays, October 19 – December 14
- TIME:** 8:00 p.m. – 9:00 p.m.Act. #131007-01
- INSTRUCTOR:** Lauren Singer
- LOCATION:** Harley Avenue Primary School
- FEE:** \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

For more Fitness Classes, see pages 51-52.



Click on Activity Button to Register Online

Zumba Fitness Act. #131007-01



FINANCE

HOW MUCH RISK IS TOO MUCH?

It's easy to make money when the markets are up. The trick is to stay on course through the inevitable drops and recoveries. We help you map your financial plans and identify how much financial risk you're comfortable with. Thinking about possible losses can be scary. But recognizing risk is the most positive and responsible way to plan your financial journey. You can start now, with a personalized and analysis called Riskalyze. This resource helps you identify your risk tolerance in clear dollar terms and provides a range. The next step is working together to identify your goals and determine how much you will need to live the retirement you want. We can help you prioritize your goals and set reasonable expectations. Together we'll create a realistic plan to get you there.Act. #131030-01

- DATES:** Thursdays, October 19, 26, November 2
- TIME:** 7:00 p.m. – 9:30 p.m.
- LOCATION:** John Glenn High School
- INSTRUCTOR:** Alexander DiMartini Jr.
SoundView Wealth Management Group LLC
- FEE:** \$15

Click on Activity Button to Register Online

How Much Risk Act. #131030-01



BRUART COLLISION

Complete Auto Body & Fender Work

631-271-3668

895 E Jericho Turnpike
Huntington Station
(across from the Huntington Station Post Office)



HEALTH

ADULT & CHILD CPR/AED

This course will provide the latest procedures for administering CPR/AED to adults and/or children who have stopped breathing, having a heart attack or have no sign of life. Certifications are issued by email.

- DATES:** Thursday, November 9.....Act. #131025-01
Monday, November 13.....Act. #131025-02
Monday, December 4.....Act. #131025-03
- TIME:** 7:00 p.m. – 10:00 p.m.
- LOCATION:** John Glenn High School
- FEE:** \$120 per person

HEALTH CARE "PLAN FOR THE COSTS IN RETIREMENT"

A guide to breaking down and simplifying the many complex issues around paying for healthcare in retirement.Act. #131029-01

- DATES:** Thursday, November 9
- TIME:** 7:00 – 9:30 p.m.
- LOCATION:** John Glenn High School
- INSTRUCTOR:** Alexander DiMartini, Jr.
SoundView Wealth Management Group, LLC
- FEE:** \$5.00

LANGUAGE

CONVERSATIONAL SPANISH

This is a basic course that will include some grammar, vocabulary, and expressions that can be used in daily living.

- DATES:** Mondays, October 16 – December 4
- TIME:** 7:00 p.m. – 8:30 p.m.Act. #131022-01
- LOCATION:** John Glenn High School
- INSTRUCTOR:** Sally Watson
- FEE:** \$51.50 w/Recreation ID card
\$56.65 w/o Recreation ID card

Click on Activity Button
to Register Online

**CPR/AED – 11/9
Act. #131025-01**

**CPR/AED – 11/13
Act. #131025-02**

**CPR/AED – 12/4
Act. #131025-03**

**Health Care Costs
Act. #131029-01**

**Spanish
Act. #131022-01**

**View the Town of Huntington
website: www.huntingtonny.gov for updates**

**WARNING
TOWN is NOT responsible for lost or stolen property**

CHILDREN'S CREATIVE ARTS WORKSHOPS

The purpose of the workshops is to broaden the creative awareness of children in a relaxed and informal atmosphere under the guidance of a carefully selected staff. A variety of classes are offered at three different sites. All classes are 55 minutes each and are offered for different each groups. Listed below are the sites and the classes each site has to offer.



ELIGIBILITY: All township children from age 4 through sixth grade. Preschoolers must be four by start of program and have proof of age (birth certificate) at first class.

FEES: per course per child
\$69 w/Recreation ID card
\$90 w/o Recreation ID card
Materials fee for some classes is additional

REGISTRATION: Online and in person starts on September 19 at 9:00 a.m. at the Parks

and Recreation office, Monday thru Friday from 9:00 a.m. to 4:00 p.m. and Dix Hills Ice Rink building, Monday thru Friday 8:00 a.m. to 8:00 p.m. and weekends 10:00 a.m. to 5:00 p.m.

LOCATIONS:

Signal Hill Elementary School –
Half Hollow Hills School District
670 Caledonia Road, Dix Hills

TIMES: Classes start at 10:00 a.m., 11:00 a.m.,
or 12:00 noon, depending on the course

Silas Wood Middle School –
South Huntington School District
23 Harding Place, Huntington Station

TIMES: Classes start at 9:30 a.m., 10:30 a.m.,
or 11:30 a.m., depending on the course



(continued)





SIGNAL HILL ELEMENTARY SCHOOL – HALF HOLLOW HILLS SCHOOL DISTRICT

Click on Activity Button
to Register Online

DATES: Saturday mornings at the Signal Hill Elementary School from October 14 to December 16, 2017. No workshop on October 21 and November 25. If inclement weather necessitates canceling the workshop, call 351-3101 for a taped message. Parents are not permitted to sit in on classes.

INTRODUCTION TO SCULPTURE

Sculpture – 10:00 a.m.
Act. #134002-01

Create sculptures using different media of clay, plaster, wire, and more. Bring your ideas! *\$5 materials fee for the 8-week session is due at first class in CASH.

Grades P/S-1 10:00 a.m.Act. #134002-01
Grades 2-6 11:00 a.m.Act. #134002-02

Sculpture – 11:00 a.m.
Act. #134002-02

PIANO ADVENTURES

Play the piano kids style! Students will explore the inner workings of the instrument, play games to learn music symbols and learn how to play simple melodies.

Grades K-4 12:00 noonAct. #134003-01

Piano Adventures
Act. #134003-01

TENNIS

Learn the fundamentals of this game. Instruction in forehand, backhand and serve. All practice and volley in gym. Bring a tennis racket.

Grades 2-6 10:00 a.m.Act. #134004-01

Tennis
Act. #134004-01

MAGICAL COOKING

Have fun mixing, mashing and creating food magic. Discover new foods and enjoy tasty treats of your own creation. \$8 materials fee for the 8-week session is due at first class in CASH.

Grades 1-3 10:00 a.m.Act. #134005-01
Grades P/S-1 11:00 a.m.Act. #134005-02
Grades 2-6 12:00 noonAct. #134005-03

Cooking– 10:00 a.m.
Act. #134005-01

Cooking – 11:00 a.m.
Act. #134005-02

Cooking – 12:00 noon
Act. #134005-03

MIXED SPORTS

Learn the fundamentals of various sports such as basketball, soccer, kickball and more.

Grades 1-6 11:00 a.m.Act. #134018-01

Mixed Sports
Act. #134018-01

DRUMMING FOR KIDS

Using everyday objects as drums, students will be guided through the world of drumming and learn how to play basic notes. Students provide drumsticks.

Grades K-4 11:00 a.m.Act. #134007-01

Drumming
Act. #134007-01

**View the Town of Huntington
website: www.huntingtonny.gov for updates**

Creative Arts at Signal Hill Elementary School



(Signal Hill Elementary School continued)

ART SAMPLER BEACH STYLE

Come and make art projects using items found at the beach. *\$5 materials fee for the 8 week session is due at 1st class in CASH.

Grades 2-6 12:00 noon.....Act. #134016-01

FUN CARD GAMES

Come learn to play popular card games from the past that families can enjoy together, kids can play in groups or a solitary child can play solitaire games. Playing cards are provided. Includes Go Fish, Slap Jack, Crazy Eights and more.

Grades K-6 10:00 a.m.....Act. #134006-01

JEWELRY MAKING

Each class brings a new experience creating bracelets, earrings, and necklaces. We will also decorate our own jewelry boxes to hold our creations.

Grades 1-6 11:00 a.m.....Act. #134015-01

GUITAR KIDS

Students will explore how the guitar works and learn to play simple melodies. Students must provide their own guitar.

Grades 2-6 10:00 a.m.....Act. #134010-01

ART SAMPLER

Bring your imagination to create projects using a variety of art materials. We will have fun with paint, clay, plaster and more.

Grades P/S-1 12:00 noon.....Act. #134011-02

ZUMBA KIDS

Every class is a dance party, plus we add fun games and activities. This class will help children develop a healthy lifestyle and incorporate fitness as a natural part of their lives by making fitness fun. Be active and jam out to your favorite music.

Grades 2-6 10:00 a.m.....Act. #134014-01

Grades P/S-1 11:00 a.m.....Act. #134014-02

HOOP WORKOUT

Learn to love the process and have fun getting fit as you learn to hoop. Additional focus is on team building activities and making exercise fun. Hoops are provided.

Grades K-1 10:00 a.m.....Act. #134019-02

Grades 2-6 11:00 a.m.....Act. #134019-01

TUMBLING BASICS

Learn to do rolls, cartwheels, handstands and more basic gymnastics.

Grades 1-6 12:00 noon.....Act. #134008-01

Click on Activity Button to Register Online

Art Sampler Beach
Act. #134016-01

Fun Card Games
Act. #134006-01

Jewelry Making
Act. #134015-01

Guitar Kids
Act. #134010-01

Art Sampler
Act. #134011-02

Zumba – 10:00 a.m.
Act. #134014-01

Zumba – 11:00 a.m.
Act. #134014-02

Hoop – 10:00 a.m.
Act. #134019-02

Hoop – 11:00 a.m.
Act. #134019-01

Tumbling Basics
Act. #134008-01



SILAS WOOD SCHOOL – SOUTH HUNTINGTON SCHOOL DISTRICT

DATES: Saturday mornings at the Silas Wood Elementary School from October 14 to December 9, 2017. No workshop November 25. If inclement weather necessitates canceling the workshop, call 351-3101 for a taped message. Parents are not permitted to sit in on classes.

INTRODUCTION TO SCULPTURE

Create sculptures using different media of clay, plaster, wire and more. Bring your ideas! *\$5 materials fee for the 8-week session is due at first class in CASH.

Grades 1-6 9:30 a.m.Act. #134108-01
Grades P/S-K 10:30 a.m.Act. #134108-02

DRAWING & PAINTING

Get creative, learn and have fun using pastels, tempera, watercolors as you experiment in bringing objects to life.

Grades 1-6 11:30 a.m.Act. #134107-01

MIXED SPORTS

Learn the fundamentals of several different sports.

Grades K-3 11:30 a.m.Act. #134104-01

MAGICAL COOKING

Have fun mixing, mashing, and creating food magic. Discover new foods and enjoy tasty treats of your own creation. \$8 materials fee for the 8-week session is due at first class in CASH.

Grades P/S-1 9:30 a.m.Act. #134101-01
Grades K-2 10:30 a.m.Act. #134101-02
Grades 2-6 11:30 a.m.Act. #134101-03

BASKETBALL

A recreational program centered on the fundamentals of this sport.

Grades 2-6 10:30 a.m.Act. #134102-01

KARATE

This will introduce Martial Arts in a fun and age-appropriate way. Students work on listening, cooperation, balance, and safety and will develop speed, rhythm, timing and balance.

Grades 2-6 9:30 a.m.Act. #134109-01
Grades K-1 10:30 a.m.Act. #134109-02

Click on Activity Button
to Register Online

**Sculpture – 9:30 a.m.
Act. #134108-01**

**Sculpture – 10:30 a.m.
Act. #134108-02**

**Drawing & Painting
Act. #134107-01**

**Mixed Sports
Act. #134104-01**

**Cooking – 9:30 a.m.
Act. #134101-01**

**Cooking – 10:30 a.m.
Act. #134101-02**

**Cooking – 11:30 a.m.
Act. #134101-03**

**Basketball
Act. #134102-01**

**Karate – 9:30 a.m.
Act. #134109-01**

**Karate – 10:30 a.m.
Act. #134109-02**

(continued next page)



(Silas Wood School continued)

BASIC TENNIS

Great for beginners. Learn basic tennis skills. Instruction in forehand, backhand and network. All volley in the gym. Students provide rackets.
Grades 2-6 9:30 a.m.Act. #134105-01

ENGINEERING EXTRAVAGANZA

This class will explore architecture, engineering and technology concepts using LEGO(R) Technic bricks. Students will make a new model each week using motors and battery packs focusing on exciting themes including Outer Space, Gadgets and Gizmos, Cars and more! **Call 631-327-1312 to register or [online at www.bricks4kidz.com/northshore](http://www.bricks4kidz.com/northshore).
Grades 1-4 11:30 a.m. – 12:30 p.m.

ART SAMPLER

Come and learn to create interesting projects using a variety of materials and your imagination.
Grades 1-6 10:30 a.m.Act. #134103-02
Grades P/S-K 11:30 a.m.Act. #134103-03

PIANO

Beginners – Group lesson designed to explore and enjoy the elements of music thru keyboard orientation. Piano or keyboard at home is strongly recommended.
Grades K-1 9:30 a.m.Act. #134110-01
Grades 2-6 10:30 a.m.Act. #134110-02

THEATER FUN

This is a fun class designed to build confidence sharpen imaginations. This class allows children to learn acting thru monologues, storytelling, self-expression and creative movement.
Grades P/S-1 9:30 a.m.Act. #134111-01
Grades 2-6 10:30 a.m.Act. #134111-02



Click on Activity Button to Register Online

Basic Tennis
Act. #134105-01

bricks4kidz.com/northshore

Art – 10:30 a.m.
Act. #134103-02

Art – 11:30 a.m.
Act. #134103-03

Piano – 9:30 a.m.
Act. #134110-01

Piano – 10:30 a.m.
Act. #134110-02

Theater – 9:30 a.m.
Act. #134111-01

Theater – 10:30 a.m.
Act. #134111-02

Advice from Huntington's Dr. Daniel Picard, Picard Chiropractic Active Teens Less 'At-Risk' for Obesity

In a finding that should come as no surprise to any conscientious parent, a study of adolescent weight problems found that teens who walk or bike to school and participate in two team sports a year were significantly less likely to be obese than those who did not. The study, conducted by Dartmouth Medical School and published in the journal Pediatrics, followed over 1,700 teens in New Hampshire and Vermont for seven years beginning in 2002. Nearly 30% of the overall study group were considered overweight or obese. The obesity rate for teens that played no sports was 40%. In teens that played two team sports, the obesity rate was 22%. The study also reported that those who walked or biked to school four to five times per week were 33% less likely to have weight problems. Keith Drake, the study's lead author, feels that playing multiple team sports may help more than just playing one, because those teens probably stay more active throughout the year. The researchers did, however, note that past research on walking to school and participating in sports has provided conflicting results in the reduction of obesity.



Dr. Daniel Picard

Picard Chiropractic, 182 Main Street, Huntington 11743

631-673-2900

www.drpicard.com

For more articles please visit our Article Archive at: drpicard/articlearchives

THERE'S AN ELECTRONIC WAY TO CONTACT TOWN HALL

What you want – how you want it:

- On the web
- From your smart-phone
- Answers to your questions
- Your request on the right desk automatically

Go to <http://huntingtonny.gov>



We're Here to Help You



Programs for Developmentally Disabled

ADULT PROGRAM

The Department of Parks and Recreation offers a physical education program on Tuesdays and a general recreation program on Saturdays. The Saturday program includes activities such as arts and crafts, films, gym games, music, table games, group discussions, dancing, bowling, parties, and trips to sporting events, restaurants, and the theater.

DATES/TIMES:

Physical Ed: Tuesdays, October 3, 2017 – June 5, 2018
7:00 p.m. – 9:00 p.m.

Saturday Rec: Saturdays, October 7, 2017 – June 9, 2018
10:00 a.m. – 2:00 p.m.

LOCATION: Maplewood School, School Lane
South Huntington

ELIGIBILITY: Developmentally disabled adults age 19 and above

FEE: \$80 w/Recreation ID card
\$110 w/o Recreation ID card

REGISTRATION: At the program site. New participants will be interviewed for appropriateness. Call 351-3071 for an appointment or for more information.

TEEN AND YOUNG ADULT PROGRAM

General recreation program for young teens with developmental disabilities, including autism. The program includes activities such as arts and crafts, films, gym games, music, table games, bowling, parties, and trips to sporting events, restaurants, and the theater. This program is supported by a grant from the New York State Office of People with Developmental Disabilities.

DATES: Saturdays, October 14, 2017 – June 9, 2018

TIME: 10:30 a.m. – 1:30 p.m.

ELIGIBILITY: 12 – 25 years of age

LOCATION: Maplewood School, School Lane
South Huntington

FEE: \$80 w/Recreation ID card
\$110 w/o Recreation ID card per program

REGISTRATION: Starts Saturday, October 7 from 10:00 a.m. – 12:30 p.m. at the program site. If openings remain, registration will continue at the site but you must call Parks and Recreation at 351-3071 for an appointment. New participants will be interviewed for appropriateness. Children must be able to function in a group environment without one-to-one assistance.

Call 351-3071 for an appointment

Call 351-3071 for an appointment

View the Town of Huntington
website: www.huntingtonny.gov for updates

SOCIAL PROGRAM WITHOUT WALLS

This program is for independent adults with developmental disabilities, ages 21 and older, who are interested in making friends and socializing with their peers. Participants visit local restaurants, recreation establishments, i.e., bowling centers and movies, or go to concerts, sporting events and museums both locally as well as in Nassau County and in New York City. Public transportation is utilized for certain trips. Participants are expected to assist in selecting and organizing activities. Transportation is not provided.

DATES/TIMES:

Two weekends per month from October through June.

LOCATION: Various recreation establishments.

FEE: \$80 w/Recreation ID card
(only Town of Huntington residents can buy a card)
\$110 w/o Recreation ID card

Plus admission fees, public transportation, and meal costs

ELIGIBILITY: Independent adults ages 21 and older with developmental disabilities.

REGISTRATION: Call 351-3071 for availability and appointment.

Call 351-3071 for an appointment



GET NOTICED!

ADVERTISE IN THE Huntington PARKS & RECREATION ACTIVITIES BROCHURE

Contact Wendy for more info at
wendy@creativeadvertisingconcepts.net
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ENVIRONMENTAL EDUCATION AT MANOR FARM PARK

Presented by Starflower Experiences –

Visit www.starflowerexperiences.org,
email info@starflowerexperiences.org or

call 516-938-6152 for registration and further information.

STORIES UNDER THE TREES

For 4-6 year olds with an adult. We'll read a story and do a related activity that may involve walking in the woods or a craft.

DATES: Saturday, September 9

TIME: 2:00 p.m.

FEE: FREE to Huntington residents

WORK DAYS AT MANOR FARM

Come help us take care of Manor Farm and trails in the adjoining parks. Bring work gloves, clippers/loppers, garden tools. Great for groups or those needing community service hours.

DATES: Various Saturdays – email for details.

TIMES: 10:00 a.m. – 2:00 p.m.

FEE: FREE admission

COMMUNITY YARD SALE

Reuse is a wonderful idea. If you want to help or have yard sale items to donate, please give us a call. Proceeds benefit Starflower Experiences' educational programs. If you want space to sell your unwanted stuff, download a space reservation form from: www.starflowerexperiences.org

DATE: Saturday, October 14
(Rain date: Sunday, October 14)

TIME: 10:00 a.m. – 4:00 p.m.

FEE: FREE admission



TOWN OF HUNTINGTON DIVISION OF CULTURAL AFFAIRS

*Supporting Huntington's Cultural
Community in Service to its Citizens*

Visit www.HuntingtonNY.gov/Arts
for information on cultural organizations & programs

100 Main Street • Huntington, NY 11743-6991 • (631) 351-3099
FAX: (631) 351-3100 • jcoraor@huntingtonny.gov



Supervisor Petrone participates in placing a wreath at the World War II memorial in Veterans Plaza during 2016 Veterans Day wreath ceremony

MANOR FARM HARVEST FESTIVAL

Annual fair with lots of fun for the whole family. Volunteers wanted!

DATE: Saturday, October 14
(Rain date: Sunday, October 15)

TIME: 10:00 a.m. – 4:00 p.m.

FEE: FREE admission

MANOR FARM HAUNTED TRAIL NIGHTS

Join us for a walk by our hauntingly historical buildings and ghoulishly grassy field and wondrous woods.

DATES: October 20-22 and 27-29

TIMES:

Spooky Trail Fridays and Saturdays, 7:00 – 10:00 p.m.

Not-So-Spooky Trail October 27 and 28, 5:00 p.m.

FEE: Spooky Trails – \$10 donation/person
Not-So-Spooky trails – \$7 donation/person

MANOR FARM HAUNTED HOUSE ESCAPE CHALLENGE

Face your fears and solve our ghastly puzzles in teams of up to eight as you attempt to escape Manor Farm's Haunted House within 45 minutes.

TIMES: 5:00 – 10:00 p.m. (hourly) on October 29, November 3 and 4. Call 631-885-3491 to reserve a space

FEE: \$15/person – up to 8 people per challenge

GO GREEN FOR THE HOLIDAYS CHALLENGE:

It isn't easy being green for the holidays. It's even harder when you only have one hour to change your ways and solve our puzzles so you can get home for the holidays. Are you up for the challenge?

DATES: Tuesday, December 26 – Saturday, December 30

TIMES: 12:00 noon, 2:00 p.m., 4:00 p.m., 6:00 p.m., and 8:00 p.m. Call 631-885-3491 to reserve a space

FEE: \$10/person – up to eight people per challenge

NIGHT FISHING

CRAB MEADOW BEACH ACCESS NIGHT FISHING PARKING PERMIT

Crab Meadow Beach:

April 1, 2018 – December 31, 2018

Access Night Fishing Parking Permit: Town of Huntington Residency required. Forty (40) permits will be issued on a first-come, first-served basis.

If required, a waiting list will be established in the event a permit is revoked or surrendered. For further information contact 351-3098.

ELIGIBILITY: Residents 18 years and above.

FEE: \$30

The Department of Parks and Recreation will begin accepting applications on Friday, December 1, 2017 starting 8:30 a.m. in Town Hall in Room 103. After December 1 registration will start at 9:00 a.m. The following information is required: New York State Driver's License, New York State Motor Vehicle Registration, New York State Department of Environmental Conservation Recreation Marine Fishing Registry.





FITNESS

The Town of Huntington Department of Parks and Recreation, as the result of an agreement with Suffolk County Parks Department, offers the following programs at Coindre Hall. Coindre Hall may also be used for events such as weddings and meetings by contacting Suffolk County Parks at 631-854-4995.

REGISTRATION FOR PROGRAMS IN THIS SECTION: Online and in person begins September 6, 9:00 a.m. at the Town Hall Parks and Recreation office, Room 103, 100 Main Street, Huntington or at the Dix Hills Park Ice rink building or online by clicking on the activity number in the right column.

YOGA

Yoga postures in combination with breathing and meditation will improve your health, reduce stress, and inhibit the aging process. Gain flexibility, good posture, and overall muscle strength. Bring mat, water bottle, and wear comfortable clothing.Act. #132205-01

INSTRUCTOR: Donna Landini

DATES: Mondays, October 16 – December 4

TIME: 9:30 a.m. – 10:30 a.m.

FEE: \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

YOGA ON A BALL

This class combines the science of yoga with the technology of the exercise ball. It allows you to engage several muscle groups simultaneously while challenging your balance and spatial awareness in order to create a total body workout. You will sculpt your muscles with toning and strengthening poses and relax your body and mind with stretching and breathing exercises. All levels welcome. Bring a yoga mat, yoga ball and water bottle.Act. #132205-02

INSTRUCTOR: Donna Landini

DATES: Mondays, October 16 – December 4

TIME: 10:45 a.m. – 11:45 a.m.

FEE: \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

For more Fitness Classes, see pages 36-37.

Click on Activity Button
to Register Online

Yoga
Act. #132205-01

Yoga on a Ball
Act. #132205-02





ZUMBA® PLUS TONING

Come try the latest craze in-group exercise. The class will teach you the basic steps. This is an easy to follow energetic total body workout that incorporates Latin, Hip Hop and international music. You do not have to be a dancer to take this class. This class will end with an abs, legs and arm strength workout. Bring 3 lb. – 5 lb. hand weights, a water bottle and towel.

INSTRUCTOR: Lauren Singer

DATES:

Wednesdays, October 18 – December 6.....Act. #132202-01

Fridays, October 20 – December 22Act. #132202-02

TIMES: 9:30 a.m. – 11:00 a.m.

FEE: \$51.50 w/Recreation ID card
\$56.65 w/o Recreation ID card

TAI CHI

This course will introduce students to Tai Chi as a low Impact physical exercise rooted in Chinese martial arts, taoist philosophy and moving meditation. These practices have been known to reduce stress, improve health and vitality and provide a positive outlook. Dress in comfortable clothing.....Act. #132216-01

INSTRUCTOR: Peter Landini

DATES: Thursdays, October 19 – December 14

TIME: 9:30 a.m. – 10:30 a.m.

FEE: \$46.35 w/Recreation ID card
\$51.50 w/o Recreation ID card

For more Fitness Classes, see pages 36-37.



WARNING

TOWN is NOT responsible for lost or stolen property

View the Town of Huntington

website: www.huntingtonny.gov for updates

Click on Activity Button to Register Online

**Zumba+ Wednesdays
Act. #132202-01**

**Zumba+ Fridays
Act. #132202-02**

**Tai Chi
Act. #132216-01**

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BRUART COLLISION



Watch for the New Parks & Recreation WINTER/SPRING 2018 Interactive Digital Brochure COMING Online in December

