



TOWN OF HUNTINGTON

Calling All Seniors Newsletter

JULY 2025



ACTIVITY/NUTRITION CENTER ■ BEACH HOUSE ■ CLUBS

Dear residents,

June brought, as it always does, a great deal to celebrate and enjoy. With graduations, Father's Day, Juneteenth, and, of course, the first day of summer, we are never at a loss for things to do. Last month began with a health fair that featured over 60 vendors, a group comprised of local health organizations, and so much more. Attendees had the opportunity to speak to vendors and representatives, obtain blood pressure screenings and hearing tests, sit in on presentations, and receive plenty of giveaways. This event was not just for our seniors – it was for the entire community to engage in caring for their wellbeing as well as those they care for. It is always a pleasure to welcome residents to the Flanagan Center, and I look forward to the next opportunity to open our doors to the community to share, learn, or give back.

We are excited to have officially kicked off the Town of Huntington's annual Summer Concert Series, which many of our seniors know and love – it will run at Heckscher Park's Chapin Rainbow Stage until the end of August. This year's Summer Concert Series will feature a wide variety of performances and musical genres. Whether you are interested in a tribute band dedicated to Fleetwood Mac, Foreigner, or Huntington's own community band, or are seeking a Shakespearean experience with EastLine Theatre, there will be something for everyone this summer, Wednesday through Saturday.

The Senior Beach House is officially open for the summer season, with an additional day to enjoy the activities our seniors know and love. Each month, the Beach House offers beginner and intermediate art classes, games, sports, and more. Please see the calendar for a full list of Beach House activities. We welcome all our seniors to visit the Beach House from Sunday through Friday this summer. A Senior Membership Card is required to participate in Beach House activities. Please visit the Flanagan Center or the Beach House to apply. As a reminder, Town of Huntington beach parking permits are free for seniors. Seniors need only apply for a beach parking permit once – it does not need to be renewed unless the holder's license plate changes. For assistance, please contact the Department of Parks and Recreation at (631) 351-3089.

July will feature events for our seniors to enjoy both in and out of the Flanagan Center. The Town's Movies on the Lawn program kicks off at Heckscher Park on July 7, and this year's Summer Arts Festival is underway. The Flanagan Center will kick off July with an Independence Day party – be sure to stop by and celebrate with special treats and music by DJ Geoff Cohen. There will be musical performances throughout the month, as well as parties to beat the heat and play bingo with friends. The highlight of July is always the Summer BBQ and Picnic at the Senior Beach House, which brings everyone together for an afternoon of good food and fun. Join us at the Senior Beach House on July 23 for this special event (flyer enclosed). For a full list of events and activities, please see the calendar.

I hope that you are all enjoying everything Huntington has to offer during the summer. I look forward to seeing you around town this summer – either at the Flanagan Center, at our parks or beaches, or at one of the great concerts at Heckscher.

Sincerely,

Ed Smyth, Supervisor



**Councilman
Dr. Dave Bennardo**



**Councilman
Salvatore Ferro**



**Supervisor
Edmund J. Smyth**



**Councilwoman
Brooke A. Lupinacci**



**Councilwoman
Theresa Mari**

Town Board Meetings: Tuesday, July 15 @ 2:00 pm



TOWN OF HUNTINGTON

Edmund J. Smyth, Supervisor

DEPARTMENT OF HUMAN SERVICES

Kevin Thorbourne, Director

(631) 351-3304

HumanServices@HuntingtonNY.gov

423 Park Avenue

Huntington, New York 11743

Senior Citizens Division

Julia Frangione, Director (631) 351-3253

Minority Affairs

Kevin Thorbourne, Director (631) 446-3723

Veterans Affairs

Carol Rocco, Coordinator (631) 351-3012

Women Services

Julia Frangione, Coordinator (631) 351-3253

Persons with Disabilities

(631) 446-3726

Human Services Institute

(631) 446-3726

Senior Center Manager <i>Geri VanDyke</i>	(631) 351-3253
Adult Day Care <i>Rachel Michaelis, Program Supervisor</i>	(631) 351-3293
Community Dev., Senior Housing <i>Heather Warringer</i>	(631) 351-2881
EISEP, Volunteers, Senior Clubs, Beach House <i>Maria Soskel, Coordinator</i>	(631) 351-3253
Hands on Huntington <i>Beth Del Giudice, LMSW, Director</i>	(631) 351-6610
Home Delivered Meals <i>Rose Ramirez, Program Supervisor</i>	(631) 446-3783
Senior Center <i>Michele Foulke, Senior Advocate</i>	(631) 446-3702
Home Maintenance/Repair Program <i>Don McIntosh, Crew Leader</i>	NEW! Direct Line (631) 446-3721
Senior Social Worker <i>Laurie Byrne, LMSW</i>	(631) 351-3253
Town Hall	(631) 351-3000

Huntington Senior Citizens Board of Directors

Maureen Strein, Chairperson

SENIOR CENTER 423 Park Avenue, Huntington NY 11743

Monday - Friday 8:30 AM - 4:30 PM

(631) 351-3253

Seniors@HuntingtonNY.gov

www.TOHSeniors.com



TOWN OF HUNTINGTON CALLING ALL SENIORS JULY 2025



Dining Room Open 11:00 am - 2:00 pm
Registration: 11:00 am - 12:30 pm ▪ NEW MEMBERS WELCOME!

**SENIOR CENTER AND BEACH HOUSE
CLOSED FRIDAY, JULY 4 FOR INDEPENDENCE DAY**

AT THE SENIOR CENTER



2025 Music Events

Mondays	Guitar Lessons with Brent & Kevin	2:15 - 3:45 pm
Thursday, July 3	Independence Day Party with Geoff Cohen Wear Red, White & Blue	12:30 - 2:00 pm
Tuesday, July 8	Piano and Cello Music with John & Dominic	12:30 - 1:30 pm
Tuesday, July 15	 Summertime Country Music with Janice Buckner	12:30 - 1:30 pm
Thursday, July 17	Piano music and sing-along with Angela	11:30 - 1:00 pm
Monday, July 21	Piano Music with Remy	12:30 - 1:30 pm
Tuesday, July 29	 Keeping Cool Party with DJ Bob	12:30 - 2:00 pm

SENIOR BEACH HOUSE: 239 Little Neck Road, Centerport
Sunday: 12:00 - 4:30 pm Monday- Friday: 10:00 am - 3:45 pm
Summer Barbecue - Wednesday, July 23 ▪ 11:00 am - 3:30 pm
Rain date: Thursday, July 24



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

JULY

Meals subject to change

HUNTINGTON SENIOR NUTRITION CENTER

423 Park Avenue, Huntington ~ Lunch Served • Noon - 1:15 pm









\$3 Suggested Voluntary Anonymous Contribution

Please Note: There is always an optional alternate meal.

MONDAY

TUESDAY








WEDNESDAY

<p><u>PLEASE NOTE:</u></p> <p>All classes and events are open to Town of Huntington Residents with Membership Cards. Get your membership card in the Senior Center's Front Office.</p>	<p>1 Roast Pork w Madeira Sauce</p> <p>9:30 Fitness Training 10:00 Pool Sharks 10:45 Tai Chi 3 11:35 Tai Chi 1 & 2 12:30 Canasta - Hand, Knee, Foot Instruction 2:00 Social Dance 2:15 Caregiver Yoga</p>	<p>2 Spaghetti with Meat Balls</p> <p>9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 - 1:00 Shed the Meds  1:30 Bingo 1:30 Initial Spousal Loss Support Group</p>
<p>7 Chicken with Bow Tie Pasta</p> <p><i>Birthdays of the Month Special Dessert</i> 10:00 Stretch and Strength 10:00 Informal Canasta 11:00 Pool Sharks 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Spousal Bereavement Group 2:15-3:45 Guitar lessons w Brent & Kevin</p> 	<p>8 Pulled Pork</p> <p>10:00 Pool Sharks 10:45 Tai Chi 3 11:35 Tai Chi 1 & 2 12:30 Piano & Cello Music with John and Dominic 12:30 Canasta - Hand, Knee, Foot Instruction 2:00 Social Dance 2:15 Caregiver Yoga</p> 	<p>9 Meat Loaf with Gravy</p> <p>9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 1:30 Bingo 1:30 Initial Spousal Loss Support Group</p> 
<p>14 Stuffed Cabbage</p> <p>10:00 Informal Canasta 11:00 Pool Sharks 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Spousal Bereavement Group 2:15-3:45 Guitar lessons w Brent & Kevin</p>	<p>15 Fried Pork Chop w Gravy</p> <p>10:00 Pool Sharks 10:45 Tai Chi 3 11:35 Tai Chi 1 & 2 12:30 Summertime Country Music with Janice Buckner 12:30 Canasta - Hand, Knee, Foot Instruction 2:00 Social Dance 2:15 Caregiver Yoga</p> 	<p>16 Baked Ziti w Meat Sauce</p> <p>8:30-1:30 Suffolk County Office for the Aging: Senior Advocate Appointments 9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 1:30 Bingo 1:30 Initial Spousal Loss Support Group</p> 
<p>21 Eggplant Rollatini</p> <p>10:00 Informal Canasta 11:00 Pool Sharks 12:30 Piano music with Remy 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Spousal Bereavement Group 2:15-3:45 Guitar lessons w Brent & Kevin</p> 	<p>22 Sliced Pork w Gravy</p> <p>10:00 Pool Sharks 10:45 Tai Chi 3 11:35 Tai Chi 1 & 2 12:30 Canasta - Hand, Knee, Foot Instruction 1:30 Financial Forum with Amir 2:00 Social Dance 2:15 Caregiver Yoga</p> 	<p>23 Beef Stew</p> <p>9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 1:30 Bingo 1:30 Initial Spousal Loss Support Group</p> <p>Summer Beach House BBQ (see flyer for details)</p> 
<p>28 Manicotti w Meat Sauce</p> <p>10:00 Informal Canasta 11:00 Pool Sharks 12:30 Card Playing/ Instructional Chinese Mahjong 1:30 Spousal Bereavement Group 2:15-3:45 Guitar lessons w Brent & Kevin</p>	<p>29 Roast Pork w Madeira Sauce</p> <p>10:00 Pool Sharks 10:45 Tai Chi 3 11:35 Tai Chi 1 & 2 12:30 Keeping Cool Party with DJ Bob 12:30 Canasta - Hand, Knee, Foot Instruction 2:00 Social Dance 2:15 Caregiver Yoga</p> 	<p>30 Spaghetti w Meat Balls</p> <p>9:45 Gentle Bends 10:00 Knitting and Crocheting 10:00 Pool Sharks 11:00 Exercise for Energy 1:30 Initial Spousal Loss Support Group 1:30 BIG BINGO BASH sponsored by:</p> <p> Huntington Station</p> 

- The Older Americans Act of 2006, encourages a suggested voluntary anonymous contribution equal to the actual cost of the service for participants with self-declared incomes at or above 185% of the federal poverty level. For 2025, 185% of the federal poverty level is \$28,952.50 for a household of one, and \$39,127.50 for a household of two.
- The Nutrition Center is sponsored by the Town of Huntington with funding provided by the U.S. Administration for Community Living through New York State Office for the Aging and Suffolk County Office for the Aging.

THURSDAY

FRIDAY

3 Hamburger Deluxe 10:00 Fitness Exercise I 10:00 Instructional Mahjong & Free Play 11:00 Pool Sharks 11:05 Fitness Exercise II 12:30 Independence Day Party with Geoff Cohen - Wear red, white and blue! 1:00 Duplicate Bridge	4 CLOSED 
10 Baked Chicken over Rice 10:00 Fitness Exercise I 10:00 Instructional Mahjong & Free Play 11:00 Pool Sharks 11:05 Fitness Exercise II 1:00 Duplicate Bridge	11 Seafood Salad 10:00 Cardio Drumming 10:30 Caregiver Support Group 10:30 Pool Tournament 11:05 Chair Yoga 1:00 Intermediate Bridge 1:30 Laugh Out Loud 
17 Chicken Piccata 10:00 Fitness Exercise I 10:00 Instructional Mahjong & Free Play 10:30 Veteran's Support Group 11:00 Pool Sharks 11:05 Fitness Exercise II 11:30 Piano music and sing-along with Angela 1:00 Operation Hope • Commodity Supplemental Food Program Distribution 1:00 Duplicate Bridge 1:30 Engineer Group	18 Shrimp Salad 9:30 - 4:15 AARP Smart Driving 10:00 TheraBand and Balance 10:30 Pool Tournament 11:05 Chair Yoga 1:00 Intermediate Bridge 1:30 Poetry Out Loud  
24 BBQ Chicken 10:00 Fitness Exercise I 10:00 Instructional Mahjong & Free Play 11:00 Pool Sharks 11:05 Fitness Exercise II 1:00 Duplicate Bridge <i>Summer Beach House BBQ Rain Date</i>	25 Shrimp Scampi 10:00 Cardio Drumming 10:30 Caregiver Support Group 10:30 Pool Tournament 11:05 Chair Yoga 1:00 Intermediate Bridge 1:30 Laugh Out Loud 
31 Chicken Parmesan 10:00 Fitness Exercise I 10:00 Instructional Mahjong & Free Play 11:00 Pool Sharks 11:05 Fitness Exercise II 1:00 Duplicate Bridge	 

Events


NEW! **Guitar Lessons with Brent and Kevin**
Mondays ▪ 2:15-3:45 pm
Must bring your own guitar



Independence Day Party with Geoff Cohen
Thursday, July 3
12:30 - 2:00 pm
WEAR RED WHITE & BLUE



Summertime Country Music With Janice Buckner
Tuesday, July 15
12:30 - 1:30 pm



Financial Forum With Amir
Tuesday, July 22
1:30 pm



Keeping Cool Party With DJ Bob
Tuesday, July 29
12:30 - 2:00 pm



BIG BINGO BASH
Sponsored by:
 **Huntington Station**
Wednesday, July 30
1:30 pm in the Dining Room



Huntington Human Services Institute Inc. Health Fair - June 4, 2025

THANK YOU
TO ALL!!!



HUNTINGTON HUMAN SERVICES INSTITUTE INC.
AND
EMPIRE AUTOMOTIVE GROUP
PRESENTS

2025 SUMMER CARNIVAL

RIDES PROVIDE BY



FIREWORKS, RIDES, GAMES, FOOD, MUSIC & RAFFLES

BREEZY PARK

19 WEST ROGUES PATH, HUNTINGTON STATION, NY
(CORNER OF OAKWOOD ROAD AND WEST ROGUES PATH)

THUR., AUGUST 7
6:00-10:00 PM

FRI., AUGUST 8
6:00-11:00 PM
FIREWORKS 9 PM

SAT., AUGUST 9
5:00-11:00 PM

SUN., AUGUST 10
2:00-7:00 PM

FOR FURTHER INFORMATION CONTACT
HUNTINGTON HUMAN SERVICES INSTITUTE INC.
501(C)(3) NOT-FOR-PROFIT ORGANIZATION

631-351-3304 OR HUMANSERVICES@HUNTINGTONNY.GOV

HUNTINGTON HUMAN SERVICES INSTITUTE INC. BOARD MEMBERS

EDMUND J. SMITH
PRESIDENT

DR. DAVE BENNARDO
VICE PRESIDENT

TEENA NGUYEN
TREASURER

KEVIN THORBOURNE
SECRETARY





TOWN OF HUNTINGTON SENIOR CENTER

**Complimentary Hair Salon Services
for Seniors by Diana**

**Wash, Cut, and Blow Dry
Men and Women**



**Beginning Monday July 7th
Mondays and Tuesdays
9:00AM-1:30PM**

**Must call to make an
appointment at (631) 351-3253**



**Edmund J. Smyth
Supervisor**

**Dr. Dave Bennardo
Councilman**

**Salvatore Ferro
Councilman**

**Brooke A. Lupinacci
Councilwoman**

**Theresa Mari
Councilwoman**

Introducing New Announcement Telephone Line

631.446.3705

We are implementing a telephone number to communicate notifications of class cancellations. It is a voicemail message that can be dialed into to "check" if your class was cancelled unexpectedly. Special Announcements might be made on this line as well. This extension does not accept voice messages from you.

If any clarifications are needed, call the Front Office between 8:30 am - 4:30 pm 631.351.3253 to speak with a staff member.



Our wonderful neighbor, Cinema Arts Centre has graciously extended an invitation to Seniors with a Town of Huntington **Pink Senior ID card** to attend *any matinée first showing* movie, Monday through Friday for a special fee of \$5.00. Most movies will be shown with open captions.

Thank you Cinema Arts for supporting our seniors!

Huntington Residents: Do you need a Helping Hand?



Local youth, ages 14-18, are available for:
Babysitting, Garage Cleanout, Gardening, House Cleaning,
iPhone/Computer Assistance, Yard Work
AND MORE!!!



(please call at least a week in advance to discuss use of services)

All applicants have completed an
Employment Workshop and have been screened.

Don't Delay! Call Today!



Project Excel (631) 271-5499



* Homeowner is responsible to pay youth for services rendered. *

Project Excel is a part of the Huntington Youth Bureau Youth Development Research Institute, which is a 501 c (3), Not for Profit organization funded through the Town of Huntington, New York State Office of Children and Family Services, The Suffolk County Youth Bureau, The Townwide Fund, BAE Systems, various fundraisers and private donations.



SENIOR CITIZENS DIVISION
JULIA FRANGIONE, DIRECTOR

Phone: (631) 351-3253
Fax: (631) 351-3221
JFrangione@HuntingtonNY.gov

July 2025

Dear Congregate Meal Recipient:

The Town of Huntington is pleased to offer a nutritious meal for Huntington and Suffolk County residents over the age of sixty.

The Nutrition Center is sponsored by the Town of Huntington with funding provided by the U.S. Administration for Community Living through New York State Office for the Aging and Suffolk County Office for the Aging.

State regulations require that all participants be given an opportunity to contribute to the cost of the service. We realize that each person has a unique financial situation. If you can afford to, and would like to contribute, the suggested voluntary and anonymous contribution is \$3.00 per meal. All individuals are encouraged to make voluntary and anonymous contributions towards the cost of the meal. Persons with a self-declared income at or above 185% of the Federal Poverty Level are encouraged to make a contribution equal to the actual cost of the meal which is \$13.86. For 2025, income at 185% of the Federal Poverty Level is \$28,952.50 for a household of one, and \$39,127.50 for a household of two.

Contributions to this service are voluntary and anonymous. Any amount you wish to contribute will be used to expand the program and will be greatly appreciated. Please be assured that no one is required to make a contribution and the service will not be denied to any person who is unable or unwilling to contribute.

I invite your comments as to the quality of service provided or suggestions as to how the service may be improved.

Thank you for supporting the Town of Huntington's Senior Center Nutrition Program. Contributions may be given at the Senior Center by cash or check. Contributions may be mailed to the Senior Citizens Division address below. Please make checks payable to: Town of Huntington and write nutrition in the memo.

Very truly yours,

Geri VanDyke

Geri VanDyke
Center Manager

Department of Human Services • 423 Park Avenue, Huntington NY 11743-6991 • 631.351.3304 • Fax 631.351.3221
Senior Citizens Division • 423 Park Avenue, Huntington, NY 11743-6991 • 631.351.3253 • Fax 631.351.3221



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Councilman

Salvatore Ferro
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Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman



TOWN OF HUNTINGTON

SENIOR CENTER



**ISLAND
HARVEST**
FEEDING AMERICA
Nourishing Long Island's Future

FOOD DISTRIBUTION

3RD THURSDAY OF EVERY MONTH

★ SENIOR CENTER REAR PARKING LOT ★

1:00 PM - 2:00 PM



**ISLAND
HARVEST**

**OPERATION:
HOPE**



- **AVAILABLE TO SENIOR
VETERANS AND
VETERAN SPOUSES**
- **HEALTHY FOOD PROVIDED
TO VETERANS AND VETERAN
SPOUSES BY VETERANS**



**Commodity
Supplemental
Food Program**
a Senior Food Assistance Program



- **FREE MONTHLY NUTRITIOUS
FOOD PACKAGES FOR
SENIORS**
- **60 YEARS OF AGE OR OLDER**
- **NY STATE RESIDENT**
- **NON-US CITIZENS WELCOME**
- **INCOME VERIFICATION -
• \$1,580 MONTHLY GROSS
INCOME PER SENIOR**



REPRESENTATIVES FROM ISLAND HARVEST WILL ALSO BE AVAILABLE FOR ANY QUESTIONS YOU MAY HAVE



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman

TOWN OF HUNTINGTON



SENIOR CENTER SUPPORT SERVICES

Laurie Byrne, LMSW

(631) 351-3253 Ext. 3780 LByrne@HuntingtonNY.gov



Support Services for Caregivers

Funding provided by New York State Office for the Aging and
Suffolk County Office for the Aging.
Caregivers Support Service Project 2025

IF YOU REQUIRE SENIOR SUPPORT SERVICES, PLEASE CALL THE SENIOR CENTER
MONDAY THROUGH FRIDAY BETWEEN 9:00 AM - 4:00 PM FOR ASSISTANCE: (631) 351-3253

Senior ID Pink Membership card is required to participate in any program

SUPPORT GROUPS	JULY DATES	PLACE	TIME
Initial Spousal Loss Intake required	12-week series: Wednesday: 2, 9, 16, 23, 30	Library	1:30 - 3:00 PM
Monday Bereavement Group for spousal loss Intake required	12-week series: Monday: 7, 14, 21, 28	Room 106	1:30 - 3:00 PM
Caregiver Support Group	Friday: 11th 25th speaker from ADRC	Room 106	10:30 AM - 12:00 PM
Caregiver Yoga with Sally	Tuesday: 1, 8, 15, 22, 29	Room 106	2:15 - 3:15 PM
Veterans Support Group w/ Ron	Thursday: 17	Library	10:30 - 11:45 AM

INITIAL SPOUSAL LOSS: Those who have recently experienced the death of a spouse can work through grief, examine feelings and discover inner strengths - all within a caring and supportive setting. Group size limited. For information, and required intake and registration paperwork contact: Laurie Byrne, LMSW (631) 351-3253 x-3780 or LByrne@HuntingtonNY.gov.

MONDAY BEREAVEMENT GROUP FOR SPOUSAL LOSS: Many participants choose to continue in a group setting. This support group, in collaboration with Suffolk YJCC, encourages individuals to take steps towards new routines and activities, even as they continue to grieve. Group size limited. For information and required intake, please contact: Laurie Byrne, LMSW (631) 351-3253 x-3780 or LByrne@HuntingtonNY.gov.

CAREGIVER RESPITE PROGRAM: While caregivers attend the **Caregiver Support Groups and/or Calling All Caregiver Events**, respite care is available for your loved one in our Adult Day Care Program. Please call **two days** in advance for a respite care appointment at (631) 351-3293.

VETERANS SUPPORT GROUP: An intimate group setting whereby participants bond, share and grow. For information contact: Ronald Worrell (631) 351-3253 Ext. 3752 or RWorrell@HuntingtonNY.gov.

SUFFOLK COUNTY OFFICE FOR THE AGING: SENIOR ADVOCATE

Wednesday, July 16, from 8:30 am - 1:30 pm

A Senior Advocate from Suffolk County will be available to educate eligible seniors in the Town of Huntington/ Suffolk County area, to apply for programs/benefits they may qualify for. Programs that foster economic independence such as: Supplemental Nutrition Assistance Program (SNAP), Medicare Savings Program (MSP)



HUNTINGTON PUBLIC TRANSPORTATION



Local public transportation is available Monday through Saturday. The Town of Huntington's HART system (631) 427-8287 and Suffolk County Transit (631) 852-5200 operate a network of regularly scheduled bus routes that serve many of the places seniors might want to travel, including the Senior Center. Buses are handicap accessible. Senior citizens, individuals with disabilities, and Medicare cardholders are eligible to pay reduced fares.

Minibus service is also provided, at somewhat higher fares to persons who are prevented from using the regular buses because of a disability. This paratransit service is operated on a shared-ride, advance-request, curb-to-curb basis by HART (for rides entirely within the Town of Huntington at a cost of \$4.00 one way and Suffolk County's SCAT program (for rides within Suffolk but not entirely within the Town). Both agencies require prior enrollment by application. Personal travel assistance is limited. HART also extends paratransit service, with reduced priority, to non-disabled senior citizen residents who do not drive and do not have access to regular buses. Paratransit is not offered as a more convenient alternative to regularly scheduled buses. **For information, call HART at (631) 427-8287 (TTY: 800-662-1220) and SCAT at (631) 738-1150 (TTY: (631) 981-0104) cost of \$4.00 each way.** Bus schedules are available at the Senior Center.



TOWN OF HUNTINGTON ADULT DAY CARE CENTER

423 PARK AVENUE, HUNTINGTON, NY 11743 (631) 351-3293

HuntingtonNY.gov/ADC

Welcome ... to a caring and friendly place
serving frail seniors with special needs.

Caregiver respite

Low cost

Medicaid accepted

Transportation available

**OPEN ENROLLMENT
STOP IN FOR A TOUR TODAY!**



Baking Club, Brain Gym, Creative Arts,
Games, Gentle Exercise/Yoga,
Hot Lunch & Snacks
Intergenerational Activities, Language Arts
Large and Small Group Activities
Music/Pitch Pipe Program
Parties/Entertainment
Themed Presentations
Trips to Centerport Beach House
... and so much more!



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Councilwoman

Funding provided by Town of Huntington, the U.S. Administration for Community Living through
New York State Office for the Aging and Suffolk County Office for the Aging.



TOWN OF HUNTINGTON SENIOR CITIZENS BEACH HOUSE AT CENTERPORT BEACH

239 Little Neck Road, Centerport
Beach House: (631) 261-9186 Cottage: (631) 261-1058
Game Room and Snack Bar open!

**COME SOCIALIZE AND ENJOY THE BEAUTIFUL VIEW
OF CENTERPORT BAY!**

Sunday: Noon - 4:45 pm Monday - Friday 10:00 am - 3:45 pm

CLOSED: Friday, Fourth of July, Independence Day



**Book Your 2025 Rentals
Senior Beach House & Pavilion**
Please Contact: Zaida Mannetta
(631) 446-3709
Zmannetta@HuntingtonNY.gov



Beach House Summer Barbecue
Wednesday, July 23
11:00 am - 3:30 pm
Rain date: Thursday, July 24



JULY ACTIVITIES AT THE BEACH HOUSE

ALL ACTIVITIES REQUIRE A TOWN OF HUNTINGTON SENIOR MEMBERSHIP CARD
MEMBERSHIP CARDS FOR PROGRAM AND ACTIVITIES ARE AVAILABLE AT
THE SENIOR BEACH HOUSE OR JOHN J. FLANAGAN SENIOR CENTER

Senior Clubs will be meeting at the Beach House, please see Club Calendar page for dates

ACTIVITY	DAY	PLACE	TIME
Bridge	Sunday	BH/Large Card Room	12:30 am - 4:15 pm
Pool Sharks (Informal)	Sunday	Cottage	12:30 am - 4:15 pm
Ping Pong	Mon./Tues./Wed.	Cottage	10:00 am - 3:00 pm
Just Jammin' (Informal Music Group)	Monday Wednesday	Cottage/Bayview BH/Cottage	Noon - 3:00 pm 10:00 am - 1:00 pm
Harbormasters Art Group	Thursday	BH/Bayview	10:00 am - 1:30 pm
Advanced Art *REGISTRATION REQUIRED*	Thursday	Cottage	10:00 am - Noon
Beginner/Intermediate Art *REGISTRATION REQUIRED*	Thursday	Cottage	1:00 pm - 3:00 pm
Harmonizers	Thursday	Large Card Room	1:00 pm - 3:00 pm
Adult Day Care Program Visit	Monday, July 28	Porch: weather permitting	11:00 am - 1:30 pm

Schedule subject to change - Seniors must provide their own art, card and/or game supplies



TOWN OF HUNTINGTON

SENIOR DIVISION

JOIN US FOR OUR ANNUAL
SENIOR BEACH HOUSE
BBQ
AND PICNIC

WEDNESDAY, JULY 23
11:00 AM – 3:30 PM

\$1.00 ADMISSION INCLUDES:
HOT DOG, DRINK, COOKIE
ENTERTAINMENT BY DJ GEOFF 1:30-3:30 PM
RAIN DATE: JULY 24

TICKETS CAN BE PURCHASED AT SENIOR CENTER,
CLUBS, OR SENIOR BEACH HOUSE
239 LITTLE NECK ROAD - CENTERPORT 631-261-9186

DONATIONS BY



Edmund J. Smyth
Supervisor

Dr. Dave Bennardo
Councilman

Salvatore Ferro
Councilman

Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman



TOWN OF HUNTINGTON

SENIOR DIVISION

Join Us For A

BBOQ

END OF SUMMER

WEDNESDAY, AUGUST 27

11:00 AM – 3:30 PM

\$1.00 ADMISSION INCLUDES:

HOT DOG, DRINK, COOKIE

ENTERTAINMENT BY DJ BOB 1:30-3:30 PM

RAIN DATE: AUGUST 28

TICKETS CAN BE PURCHASED AT SENIOR CENTER, CLUBS, OR SENIOR BEACH
HOUSE— 239 LITTLE NECK ROAD - CENTERPORT 631-261-9186

DONATIONS BY



Edmund J. Smyth
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Dr. Dave Bennardo
Councilman

Salvatore Ferro
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Brooke A. Lupinacci
Councilwoman

Theresa Mari
Councilwoman



TOWN OF HUNTINGTON

SENIOR CLUBS - WE WELCOME NEW MEMBERS

JULY 2025 SCHEDULE



TUESDAY CLUBS	WEDNESDAY CLUBS	THURSDAY CLUBS	FRIDAY CLUBS
Greenlawn Senior Beach House 239 Little Neck Road, Centerport	Laurel Senior Beach House 239 Little Neck Road, Centerport	Harborfields Senior Beach House 239 Little Neck Road, Centerport	Larkfield Senior Beach House 239 Little Neck Road, Centerport
10:30 am - 1:30 pm Tuesday, July 1	10:30 am - 1:30 pm Wednesday, July 2	10:30 am - 1:00 pm Thursday, July 31	10:30 am - 1:30 pm Friday, July 11
Nathan Hale Senior Beach House 239 Little Neck Road, Centerport	Melville Senior Beach House 239 Little Neck Road, Centerport	Hills Senior Beach House 239 Little Neck Road, Centerport	Wolf Hill Senior Beach House 239 Little Neck Road, Centerport
10:00 am - 1:30 pm Tuesday, July 8	10:00 am - 1:30 pm Wednesday, July 9	10:30 am - 1:30 pm Thursday, July 17	10:00 am - 1:30 pm Wednesday, July 23

Whitman Village 160 Lowndes Ave. A, Hunt. Station Not meeting at Beach House
10:30 am - 1:30 pm Thursday, July 10



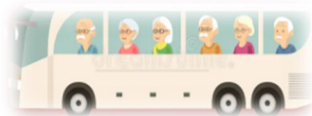
Board of Directors Meeting: Wednesday, September 10, 2025 • 9:30 - 11:00 am • Senior Center

FOR ADDITIONAL CLUB INFORMATION, CONTACT: MARIA SOSKEL, CLUB COORDINATOR • MSOSKEL@HUNTINGTONNY.GOV

You may visit any club twice before deciding on the club you wish to join! Perhaps you want to socialize, learn about current issues and resources, or take a trip with others. Maybe you just want to have fun. Look no more!



TOWN OF HUNTINGTON SENIOR CENTER



CLUB TRIPS - OPEN TO ALL SENIORS
Please see huntingtonny.gov/Senior-Club-Trips
for further details on some of the trips below.

FOR ALL TRIPS: Cancellation/No Show/Deposit monies are not refundable unless you find a person who can take your place. Completed Trip Release Form is required to go on any trip.

**HILLS CLUB: Contact Bill billverd2275@yahoo.com or
(631) 335-0996 (Monday-Friday 10 am - 5 pm)**

Checks Payable to: Huntington Senior Citizens Association Hills Unit
In envelope, along with check, include your telephone number and choice of pick up location:
1018 Pulaski Road, East Northport - or - 95 Old Country Road, Melville
Mail to: Bill Verdolino, 34 Ross Avenue, Melville, NY 11747

Brotherhood Winery Tour **Wednesday, August 13, 2025** **\$159**
Lunch at 1839 Restaurant

A few seats left. Call Bill as soon as possible.

Death Becomes Her **Wednesday, September 10, 2025** **\$145**
Lunt-Fontaane Theatre (this play replaces BOOP! The Musical. The show is closing)

Includes: transportation, orchestra seating, lunch on your own, and all tips. First pick up 9:15 am @ 1018 Pulaski Road, Second pick up at 10 am 95 Old Country Road. Must have 40 sign ups for trip to go by July 16.

Cape May, NJ **Tues.-Thur., April 28-30, 2026** **\$759 ppdo**
Featuring a Trolley Tour & The Physick Estate **\$1,058 single**

\$100 deposit at sign up. 3 days, 2 nights. Includes: transportation, two-nights lodging at the Grand Hotel, 2 breakfasts & 2 dinners, all tips included & much more. See flyer for all information on website link above.

Woodloch Pines Resort Spring Getaway **Mon.-Fri., May 11-15, 2026** **\$991 ppdo**
Woodloch deluxe lakeview rooms **\$1,012 single**

Select your room location and \$100 deposit at sign up. Breakfast & dinner included (11th with dinner & 12th with breakfast). All tips included. Full refund till December 15, 2025.

LARKFIELD CLUB: Contact Kathy G. (631) 560-2490 or kandrg@msn.com

Pindar Vineyards Tour and Wine Tasting **Tuesday, September 16, 2025** **\$135 per person**
Price includes: transportation, lunch, 5 wine tastings, tour, entertainment and all tips. Pay in full on sign-up.

SENIOR CENTER: Contact Barbara Rooney (508) 769-1570



Broadway Comes to Northport at the John W. Engeman Theater... Why not come "Play" With Us!
250 Main Street, Northport NY 11768

Footloose **Saturday, July 12 @ 2 pm** **\$ 67**
Come From Away **Saturday, September 13 @ 2 pm** **\$ 67**

Hands on Huntington NNORC

Hands on Huntington, a Neighborhood Naturally Occurring Retirement Community program, is a program provided at no cost to seniors age 60 years and older.

If you reside in their catchment area, including parts of Greenlawn, East Northport or Huntington, this program can assist you with at home access to a social worker for case management, a nurse for health assessments and educational programs. Services are geared to keeping seniors in their homes and community, living as independently as possible.



Beth, Joyce, Bunny

For information, please call: (631) 351-6610

<https://huntingtonny.gov/hands-on-huntington>

Director: Beth Del Giudice, LMSW

Social Worker: Joyce Little, LMSW

Nurse: Bunny Karalitzky, RN MS

Attention Senior Citizens:

Join us for a Mediterranean Cooking Demo, Tasting & Educational Seminar

Tuesday, July 8, 2025 - 1:00 pm

Harborfields Library, 31 Broadway, Greenlawn, NY 11740

Learn how to properly prepare a healthy Mediterranean salad from start to finish! Join Hands on Huntington and Registered Dietitian/Nutritionist and Certified Health Coach Jodi Levine for an educational seminar and then follow along with Jodi to prepare a delicious dish with fresh ingredients! RSVP to the Harborfields Library at: 631.757.4200.

Jodi Levine, MS, RDN, CDN has over 25+ years of experience as a registered dietitian in the field of Nutrition. Currently serving as the Director of Nutrition at Suffolk County Community College, she has a passion and dedication for empowering individuals to lead healthier lifestyles through emphasizing the role that food and exercise play. She will discuss nutrition concepts and controversies with evidence-based scientific research.

Next Advisory Board Meeting

Thursday, August 21, 2025 - 11:00 am Paumanack Village Community Center

650 Paumanack Village Drive, Greenlawn, NY 11740

Join a discussion of what you would like to see in your neighborhood for seniors and what we are currently offering at Hands on Huntington.

This project is grant funded by the New York State Office of the Aging (NYSOFA) and supported by the Suffolk Y Jewish Community Center and the Town of Huntington.



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TOWN OF HUNTINGTON SENIOR CENTER

10TH ANNUAL

SENIOR TALENT SHOW



GOT TALENT?
WE'RE LOOKING FOR YOU!



SAVE THE DATE: WEDNESDAY, SEPTEMBER 17 ● 1:30-3:30PM

MUSIC - DANCE - SONG - COMEDY - POETRY - AND MORE!

RESERVE YOUR SPOT TODAY!

CALL BY AUGUST 28 TO SIGN UP

TOWN OF HUNTINGTON SENIOR CENTER: (631) 351-3253



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TOWN OF HUNTINGTON



DEPARTMENT OF HUMAN SERVICES SENIOR DIVISION



SENIOR CITIZENS SHOPPING ASSISTANCE PROGRAM

PROVIDES SHOPPING ASSISTANCE FOR ELIGIBLE SENIOR CITIZENS IN THE TOWNSHIP OF HUNTINGTON

The CSE Shopping Assistance Program service is available to residents of the Township of Huntington who are 60 years of age and older. Priority is given to those homebound elderly, who are frail, low income, minority, persons with a disability, isolated, with diminished ability to perform normal daily tasks. This program is not meant to pay for an individual's groceries.



Our Services Assist In:
Online Ordering of Groceries
Setting up Delivery of Groceries
Curbside Pick-up of Groceries



For More Information, Please Contact:

Karen Vicino / 631-505-1665

Wednesday - Friday | 9:00am - 2:30pm

The Shopping Assistance Program is sponsored by the Town of Huntington with funding by Suffolk County Office for the Aging. This program is funded by New York State Office for the Aging through Suffolk County Office for the Aging.



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Free Rail Road Station Parking for Town of Huntington Seniors at designated locations



- ⇒ Northside of station/tracks - 4 spots
- ⇒ Southside of station/tracks - 5 spots
- ⇒ Free parking for Town of Huntington Seniors with current **Pink Senior Membership card**
- ⇒ Current Town of Huntington (TOH) Senior Membership card (pink) must be displayed face down on the car dashboard.
- ⇒ TOH Senior Membership cards available:
Flanagan Senior Center
423 Park Avenue, Huntington NY 11743
Monday - Friday: 10:00 am – 4:00 pm
Main Office - Room 103
- ⇒ Proof of Town of Huntington residency and proof of age required to get Senior ID card



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American Heart Association.

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REASONS TO ADD COLOR

Colorful, delicious and nutritious foods help keep our bodies and minds healthier, longer.

1. Lots of the Good

Fruits and vegetables provide many beneficial nutrients, vitamins and minerals. Add fruits and vegetables to meals and snacks for a nutritional power boost.



2. Less of the Bad

Fruits and vegetables are typically free of trans fat, saturated fat and sodium. Load up!

3. Won't Weigh You Down

Fruits and vegetables are low in calories. They fill you up, thanks to the fiber and water they contain, that can help manage your weight.



4. Super Flexible Super Foods

All forms of fruits and vegetables — fresh, frozen, canned and dried — can be part of a healthy diet. They are among the most versatile, convenient and affordable foods you can eat. Choose those with little or no added sodium or added sugar.

5. A Whole Body Health Boost

A healthy eating plan full of fruits and vegetables can help lower your risk of many serious and chronic health conditions, including heart disease, obesity, high blood pressure, diabetes and some types of cancer. They're also essential to your everyday health.



EAT SMART

MOVE MORE

BE WELL

heart.org/HealthyForGood

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American Heart Association.
Healthy for Good™

BLUE & PURPLE

blackberries
blueberries
black currants
dates
eggplants
grapes
plums
prunes
purple figs
raisins

RED & PINK

beets
cherries
cranberries
pink grapefruit
pomegranates
radicchio
red radishes
red apples
red grapes
red peppers
red potatoes
rhubarbs
strawberries
tomatoes
watermelons

EAT MORE COLOR

The best way to get all of the vitamins, minerals and nutrients you need is to eat a variety of colorful fruits and veggies.
Add color to your plate each day with the five main color groups.

GREEN

artichokes
asparagus
avocados
bok choy
broccoli
Brussels sprouts
celery
collard greens
cucumbers
green beans
green cabbage
green grapes
green onions
green peppers
kale
kiwis
leeks
limes
mustard greens
okra
pears
peas
romaine lettuce
snow peas
spinach
sugar snap peas
watercress
zucchini

ORANGE & YELLOW

orange peppers
acorn squash
butternut squash
apricots
cantaloupes
carrots
corn
grapefruit
lemons
mangoes
nectarines
oranges
papayas
peaches
pineapples
pumpkins
summer squash
sweet potatoes
tangerines
yams
yellow apples
yellow peppers
yellow squash

WHITE

bananas
cauliflower
garlic
Jerusalem
artichokes
mushrooms
onions
potatoes
parsnips
shallots

EAT SMART

MOVE MORE

BE WELL

heart.org/HealthyForGood



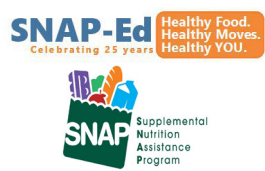
Fruit and Vegetable Seasonal Guide

By choosing fruits and vegetables that are in season, you will enjoy the best flavor and save some money in the process. Use the guide below to help you select produce at their peak harvest while teaching your family to enjoy these “good for you” foods.

VEGETABLES	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
ASPARAGUS									
BEANS, STRING *									
BEANS, SHELL									
BEETS									
BEET GREENS									
BROCCOLI									
BRUSSELS SPROUT									
CABBAGE									
CARROTS									
CAULIFLOWER									
CELERY									
COLLARD GREENS									
CORN *									
CUCUMBERS *									
EGGPLANT *									
FENNEL									
HERBS									
KALE									
LETTUCE *									
LEEKs									
LIMA BEANS *									
MESCLUN									
ONIONS									
PARSNIPS									
PEAS *									
PEPPERS *									
POTATOES									
PUMPKINS									
RADISHES *									
RHUBARB									
SCALLIONS									
SPINACH									
SQUASH, SUMMER*									
SQUASH, WINTER									
SWISS CHARD									
TOMATOES									
TURNIPS									
TURNIP GREENS									
FRUITS	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
APPLES									
BLACKBERRIES									
BLUEBERRIES									
CANTALOUPEs									
CHERRIES									
CURRANTS									
GRAPES									
PEACHES									
PEARS									
PLUMS									
PRUNES									
STRAWBERRIES									
RASPBERRIES *									
WATERMELON									

* Harvest and availability ends with frost, as early as September or October.

Visit our website for more information about our free programs: www.eatsmartnyli.com



Cornell Cooperative Extension
Suffolk and Nassau Counties

423 Griffing Ave, Ste 100, Riverhead, NY 11901-3071 • 631-727-7850 • www.ccesuffolk.org



Farmers' Market Tips and Tricks

The Senior Farmers' Market Nutrition Program

Do you find your food budget running low? Does this make it hard to purchase fresh produce? You may benefit from the Senior Farmers' Market Nutrition Program (SFMNP), which provides access to local fruits, vegetables, honey, and herbs. The SFMNP gives vouchers to older adults so they can go to their local farmers' market to shop for fresh produce.

The United States Department of Agriculture (USDA) funds the SFMNP, but each state manages and administers the program differently. Not all farmers' markets participate in the SFMNP. Check with your state program and local market before going if you want to use your benefits. Find local farmers' markets using the [USDA National Farmers' Market Directory](#).

How to Apply

If you are age 60 or older and meet income requirements – for example, a one-person household with an annual income of \$13,590 or a two-person household with an annual income of \$18,310 – you can qualify. Your local [Cooperative Extension Agency](#) may be able to help you learn more about eating healthy and help to apply for the SFMNP. USDA also has [SFMNP State Agency contact information](#), and you can see if you qualify at [Benefits.Gov](#). Contact your local Area Agency on Aging for help finding resources you may need using the [Eldercare Locator](#).

Farmers' Market Shopping Tips

- Purchase produce that is in season. Some farmers even have produce available in the winter.
- Talk with vendors at the farmers' market and find out what will be available the next time you come. Use this information to plan your purchases.
- Buy only what you need for that week, so produce does not go to waste.
- Consider canning or freezing produce if you purchase more than you can eat in a short time.

- Plan to prepare or store produce safely, so it will be available when you need it. Use the City of Seattle's [Fruit & Vegetable Storage Guide](#) to learn how to properly store produce.

Produce Tips & Tricks

Fresh fruits and vegetables are important to a healthy diet. However, every food item has the potential to be harmful if not stored or prepared properly. Bacteria or germs can affect produce during growth, harvest, storage, and preparation. Make sure you are following safe steps with produce to decrease the chances for a foodborne illness.

Buying Produce

- Keep produce separate from meat, poultry, and seafood when packing them to take home.
- When buying pre-cut produce, make sure it is stored in a cold environment or on ice at the market.
- Inspect produce for quality – choose produce that is not bruised or damaged.

Storing Produce

- Store produce properly. Produce that requires refrigeration should be stored at 40 degrees Fahrenheit. Some produce must be stored in a dry, cool location.
- Refrigerate all pre-cut produce at home.

Preparing Produce

- Cut away any damaged areas on the produce before preparing or eating.
- Wash all produce under running water before preparing or eating. Do not use soap or detergents.
- Even if you do not plan to eat the skin, wash the produce before you peel so no bacteria get under the skin when peeling.
- Use a produce brush on firm produce.
- After washing produce, dry with a clean cloth or paper towel to avoid contamination with bacteria.

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Website: www.liacupunctureandpt.com



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Fax (631) 271-1730



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Huntington Station, NY 11746
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Fax: (631) 683-4163
vidamas-hs@vidamasrx.com
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Viernes 9:30AM-6PM
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Domingo 10AM-6PM

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Is a proud sponsor of the
Town of Huntington
Senior Center!

"Rise in the presence of the aged,
show respect for the elderly..."
Leviticus 19:32A

Melville | Northport | Riverhead



Senior Participation Discount List

Contact Merchant for Individual Discounts

Restrictions May Apply

All Hours Drain and Sewer Services & Plumbing Repairs		Melville	631-505-5060	10% Off Daily
Art League of LI	107 East Deer Park Avenue	Dix Hills	631-462-5400	Senior & Veteran Pricing
Buttercookyy Bakery	495 New York Avenue	Huntington	631-424-4034	10% Off Monday Only
C & C Meats	249 Old Walt Whitman Road	Huntington	631-271-6504	10% Off Tuesdays Only
C Town Supermarket	1662 New York Avenue	Huntington Sta.	631-673-5878	10% Off Wednesday Only
Community Market	108 Depot Road	Huntington Sta.	631-423-0648	10% Off Wednesday Only
Copenhagen Bakery	75 Woodbine Avenue	Northport	631-754-3256	20% Off Monday Only
Country Bagels	361 Route 25A	Northport	631-261-7821	1/2 Off 6 Bagels/Limit 6
Craft Shoes	6149 Jericho Turnpike	Commack	631-499-5773	20% Off Excl. Sale Items
Dunkin	15 Southdown Road	Huntington	631-424-0647	5% Off Daily
Dunkin	200 East Main Street	Huntington	631-935-0031	5% Off Daily
Dunkin	838 New York Avenue	Huntington	631-421-2010	5% Off Daily
Eyewear by Patrice	829 Fort Salonga Road	Northport	631-757-3937	20% Off Daily
Family Care Pharmacy	33 Walt Whitman Road	Huntington Sta.	631-350-6400	10% Off (Limitations Apply)
Filletto's Pizza	297 Clay Pitts Road	East Northport	631-266-3700	5% In House Dining Only
Golden Globe Diner	365 West Main Street	Huntington	631-351-9680	10% Off Daily
Greenlawn Hardware	83 Broadway	Greenlawn	631-261-0119	10% off (Limitations Apply)
Huntington Dental	1 Schwab Road	Melville	631-673-1862	20% Off Daily
Huntington Food Plaza	2035 New York Avenue	Huntington Sta.	631-271-3700	10% Off Wednesday Only
IGA	301 Clay Pitts Road	East Northport	631-368-1661	5% Off Tuesdays Only
IHOP	259 Old Walt Whitman Road	Huntington Sta.	631-423-8760	10% Off Reg. Price Menu
Jones Drug Store	100 Main Street	Northport	631-261-7070	10% Off (Limitations Apply)
Jonny D's Pizza	946 New York Avenue	Huntington	631-385-4444	10% Off Daily
Melville Deli	90 Broadhollow Road	Melville	631-351-9338	10% Off Daily
Mo's Bagels	75 Broadway	Greenlawn	631-754-2667	10% Off Monday - Friday
Mo's Bagels	707 Fort Salonga Road	Northport	631-754-6182	10% Off Monday - Friday
Moss Opticians	345 Main Street	Huntington	631-421-4211	10% Off Daily 65 & Older
Mozzarella's Pizza	1937 Jericho Turnpike	East Northport	631-462-0600	10% Off/\$15 Minimum
Mr. Handyman	514 Larkfield Road	East Northport	631-509-3539	5% Off Labor
North Shore Pharmacy	25 Southdown Road	Huntington	631-427-6262	10% Off Excl. Prescriptions
110 Pharmacy	459 Walt Whitman Road	Melville	631-421-5454	10% Off (Limitations Apply)
Spuntino	687 Old Country Road	Dix Hills	631-547-9300	10% Off Not Combinable
The Shipwreck Diner	46 Main Street	Northport	631-754-1797	10% Off Daily
Town Drugs	517A Larkfield Road	East Northport	631-266-3999	10% Off Excl. Prescriptions
Uncle Giuseppe's	890 Walt Whitman Road	Melville	631-683-5900	5% Off Wednesday Only
Value Drugs	106 Broadway	Greenlawn	631-754-0532	10% Off Wednesday Only
Value Drugs	349 New York Avenue	Huntington	631-427-2919	10% Off Wednesday Only
Vibrant Light Acupuncture & Massage	181 Main Street, Suite 109	Huntington	516-353-2341	30% Off Acupuncture
Vision World	699 Old Country Road	Dix Hills	631-271-3520	20% Off Daily

TOWN OF HUNTINGTON

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Theresa Mari, Councilwoman

DEPARTMENT OF HUMAN SERVICES

Kevin Thorbourne, Director

423 Park Avenue, Huntington

(631) 351-3304

SENIOR CITIZENS DIVISION

Julia Frangione, Director

423 Park Avenue, Huntington

(631) 351-3253

Contact Us:

Email: Seniors@HuntingtonNY.gov

Website: TOHseniors.com