

CALLING ALL SENIORS DECEMBER 2016



SENIOR CENTER

Closed: Friday, December 23; Mondays, December 26 and January 2



Happy Holidays Party with Entertainment by DJ Bob
Tuesday, December 6 * 1 - 2:30 pm

Holiday Meal with Strolling Musician, Tommy Santoriello
Wednesday, December 14 * Noon - 1:20 pm

Senior Holiday Show
Tuesday, December 20 * 11 am – Noon

New Year's Eve Party with Entertainment by Steve Cassano
Thursday, December 29 * 12:30 - 2:30 pm



SENIOR BEACH HOUSE

Complimentary Holiday Cookies with Coffee/Tea
Sunday, December 4 • 11:30 am ~ 3:30 pm
Beach House Closed: Sundays, December 25 and January 1



Frank P. Petrone, Supervisor
Mark Cuthbertson, Councilman
Susan A. Berland, Councilwoman
Eugene Cook, Councilman
Tracey A. Edwards, Councilwoman

TOWN OF HUNTINGTON

DEPARTMENT OF HUMAN SERVICES

Jillian Guthman-Abadom, Esq., Director

SENIOR CITIZENS DIVISION

Julia Frangione, Director
423 Park Avenue, Huntington
Seniors@HuntingtonNY.gov

Huntington Senior Citizens Board of Directors
Gladys Mayette, *Chairperson*

Town Board Meeting

Wednesday, December 7 at 7 pm



FROM THE SUPERVISOR'S DESK

Frank P. Petrone,
Supervisor

We had an incident a few weeks back in which fire broke out at the home of an elderly gentleman who, because he was cold, brought a lamp with him under the covers to stay warm. That started a fire that caused considerable damage to his house; luckily, he escaped without serious harm.

I mention this because it highlights how we all sometimes make decisions that appear to solve an immediate problem without giving much thought to possible unintended consequences. This is especially true when it comes to two forces important to us at this time of the year: heat and electricity.

My message for this newsletter at this time last year noted that the National Fire Prevention Association has issued a series of recommendations aimed at preventing fires from holiday decorations. Their suggestions are worth repeating: Inspect holiday lights each year for frayed wires, bare spots and excessive wear or kinking. Connect strings of lights to an extension cord before plugging the cord into an outlet. Use battery-operated flameless candles, which can look, feel and smell like the real ones. If you feel you have to use real candles, put them in stable holders, and place them where they cannot be knocked down easily.

Whether they are Christmas candles or Chanukah menorahs, be sure to place them 12 inches away from anything that burns. Make sure that trees are at least three feet from heat sources, and never use lit candles to decorate a tree. Turn off the Christmas tree lights before leaving home or going to bed.

No matter what the season, avoid overloading outlets, whether they are for holiday decorations or for general use. Be careful about space heaters; they, too, should be kept away from curtains, table cloths and other flammable items and placed on stable surfaces.

If we keep those simple measures in mind, we can help keep our holiday memories happy.

From my family to yours, best wishes for a joyous holiday season and a happy new year.

Frank P. Petrone

Senior Center (631) 351-3253

Adult Day Care Amy Geist, Supervisor	(631) 351-3293
Center Manager Mary Hansen	(631) 351-3253
EISEP, Volunteers, Clubs Maria Soskel, Coordinator	(631) 351-3253
Handicap Services	(631) 351-3068
Hands on Huntington Tina Block, Supervisor	(631) 351-6610
Home Delivered Meals Geri VanDyke, Supervisor	(631) 421-1273
Residential Repair Lou Horne, Coordinator	(631) 351-3253
Senior Citizen Resource Coordinator Holli Dunayer, MSW	(631) 351-3253
Senior Housing, Community Dev. Heather Warringer	(631) 351-2881
Town Hall	(631) 351-3000



Donations for the Thrift Shop are accepted
Wednesdays & Thursdays ONLY
Between hours of 10 am - 2 pm
Individual donations are limited to 2 bags a week

Contact Us:

Email: Seniors@HuntingtonNY.gov

Website: TOHseniors.com

Facebook: [Town of Huntington Senior Center](https://www.facebook.com/TownofHuntingtonSeniorCenter)

ONGOING ACTIVITIES AT THE CENTER

Arthritis Exercise - First Arthritis Exercise - Second	Monday (no 12/19)	9:45 - 10:45 am 11:00 am - Noon
Art Instruction	Wednesday (no 12/14)	1:30 - 3:30 pm
Asian Culture Association	Tuesday* 12/13	11:00 am - Noon
Basic Bridge	Tuesday	10:00 am
Bereavement Group	1 Friday* 12/16	10:30 - 11:30 am
Bingo or Pokeno	Tuesday (no 12/6)	1:30 pm
Blood Pressure Screening	1 Thursday*	10:30 - 11:30 am
Bon Jour Group	Thursday	12:15 - 2:30 pm
Book Club - Bob's Bookies	Last Tuesday of month	2:00 pm
Brain Gym	1 Wednesday	2:00 pm
Bridge, Basic Bridge, Intermediate	Tuesday Friday*	10:00 am 1:30 pm
Canasta (Beginner/Intermediate)	Thursday 12/22	9:30 am
Card Playing	Daily, as available	9:00 am - Noon 1:30 - 4:30 pm
Charity Workshop	Thursday* (no 12/29)	9:30 am - 2:30 pm
Computer Instruction - Beginner	Tuesday Friday - ongoing	1:00 - 2:00 pm
Duplicate Bridge	1 Thursday* 12/08	1:30 - 4:00 pm
Engineers Group	Thursday*	1:30 pm
Exercise for Energy	Friday* (no 12/9)	11:00 - Noon
Fitness First Fitness Second	Thursday*	10:00 am 11:05 am
Fitness Training	Tuesday*	9:15 am
Line Dancing	Monday	1:30 - 2:45 pm
Mahjong	Thursday (no 12/29)	9:30 am - Noon
Movies	Friday*	1:00 pm
Multimedia Crafts	Wednesday* (no 12/14)	9:00 am - Noon
Pool Tournaments	Friday*	10:00 am
Power of Positive Thinking	Monday*	1:45 pm
Reader's Theatre - Acting	Wednesday*	1:45 pm
SCOFA Advocate	Wednesday* 12/21	8:30 am - 12:30 pm
Sign Language	Monday	12:45 - 1:45 pm
Smart Driving Course AARP	Friday*	9:30 am - 4:15 pm
Sport Line Dancing	Tuesday	2:30 pm
Sunshine Singers	Tuesday	10:00 - 11:00 am
Tai Chi, Advanced Tai Chi, Beginner	Wednesday*	10:30 - 11:30 am 11:30 am - Noon
Veterans Discussion Group	Wednesday*	10:30 - 11:30 am
Yoga	Monday	2:00 pm

*See calendar on following pages for specific date(s)

DIRECTOR'S MESSAGE



Jillian Guthman-Abadom, Esq.,
Director of Human Services

These days technology has tremendously increased the amount of things we can accomplish in a given day. At times I wonder how we managed without computers, cell phones, gadgets, ...

The benefits of technology are great. In many ways the cost of goods and services are controlled because of the influences of technology. Technology has even changed medical diagnosis and care. Everyday technology brings us closer to the lifestyle depicted on the cartoon "The Jetsons". Personally, I welcome a robot that vacuums; although, I am not that comfortable with self-driven cars.

Notwithstanding the unquestionable benefits, call me old-fashioned at heart. I also appreciate the simple pleasures of a slower pace, such as talking to the cashier when you make a purchase. Gone are the days of the local hardware store, clothing boutique or drug store. Don't get me wrong - yes you can find these places, but they are less common than they once were and should you choose to utilize them, you will pay a little more. On the flip side, one must recognize the time one can save by changing your tires, shopping for clothes and groceries, visiting with an optometrist, getting your family photos developed, planning a Caribbean cruise and more while you enjoy a chicken caesar salad and complete all of your Christmas shopping at one big box store. Twenty years ago, these activities would have taken many weeks of diligent effort. Now we can do them in one afternoon.

Efficiency is so important and it enables us to carve out more time to do the things that are important to us. However, a big part of the joy in life is the journey. When I think back on the periods of time that led to significant milestones in my life, abundant was the joy in getting to the goal. Whether the objective was selecting a career, planning a wedding, anticipating a child,... such great joy was realized in the process of reaching the milestone. For me, this is especially true with respect to the people in my heart who joined me on the various excursions on my journey. When we proceed through life with such haste it is easy to overlook the joy to be found in the simple steps we take.

Life is but a journey. The roads on that journey may be smooth, choppy, filled with many potholes and obstacles, or constantly requiring us to change our lanes and redirect our efforts in response to unforeseen circumstances. However the journey, it is ours, and it is for us to make it all that it can be. We may not be able to control the road but we can control how we respond to it. In my effort to make the most of my life's journey, I will endeavor to live in the moment and take the time to see the joy and beauty in each moment.

Jillian



December 2016



MONDAY

TUESDAY

WEDNESDAY

<p>LUNCH SERVED NOON - 1:20 PM SUGGESTED DONATION: \$2.00</p> <p>Please Note: There is always an optional entrée in place of the Menu of the Day</p>	<p>The Nutrition Center is sponsored by the Town of Huntington with funding by Title 111C under U.S. Older Americans Act through New York State Office for the Aging and administered through Suffolk County Office for the Aging.</p>	<p>The Older Americans Act of 2006, encourages a suggested contribution equal to the actual cost of the service for participants with self-declared incomes at or above 185% of the federal poverty level. For 2016, 185% of the federal poverty level is \$21,978 for a household of one, and \$29,637 for a household of two.</p>
<p>5 Chicken Fajita: <i>Pepper & Onions</i></p> <p>9:45 Arthritis Exercise First 11:00 Arthritis Exercise Second 12:45 Sign Language 1:30 Line Dancing 1:30 Independent Chess 1:45 Power of Positive Thinking 2:00 Yoga Class</p>	<p>6 Pork Cutlet: <i>Mushroom Dijon</i></p> <p>9:15 Fitness Training 10:00 Sunshine Singers 10:00 Basic Bridge 10:00 Pinochle Anyone? 1:00 Computer Instruction - Beginner</p> <p>HAPPY HOLIDAYS PARTY Entertainment by DJ Bob 1:00 - 2:30 pm</p> <p>2:00 Yoga for Caregivers 2:30 Sport Line Dancing</p>	<p>7 Beef Stew: <i>Carrots, Onions & Celery</i></p> <p>9:00 - Noon Medicare Basics Counseling - by appointment only 9:00 Multimedia Art 10:00 Operation Medicine Cabinet 10:30 Art Therapy for Caregivers 10:30 Tai Chi, Advanced 11:30 Tai Chi, Beginner 1:30 Art Class, Beginner/Intermediate 1:45 Readers/Acting Theatre 2:00 Brain Gym</p>
<p>12 Chicken Cutlet Hero</p> <p>9:45 Arthritis Exercise First 11:00 Arthritis Exercise Second 12:45 Sign Language 1:30 Line Dancing 1:30 Independent Chess 1:45 Power of Positive Thinking 2:00 Yoga Class</p>	<p>13 Spaghetti & Meatballs</p> <p>9:15 Fitness Training 10:00 Sunshine Singers 10:00 Basic Bridge 10:00 Pinochle Anyone? 11:00 Ken at the Piano 11:00 Asian Culture Association: <i>Silk and It's Role in History</i> 1:00 Computer Instruction - Beginner 1:30 Bingo 2:00 SeniorNet Presentation 2:00 Yoga for Caregivers 2:30 Sport Line Dancing</p>	<p>14 Roast Beef</p> <p>8:30 - 11:00 Podiatrist 10:30 Veterans Group 10:30 Tai Chi, Advanced 11:30 Tai Chi, Beginner</p> <p>Holiday Meal <i>Strolling Musician Tommy Santoriello</i> Noon - 1:20 pm</p>
<p>19 Meatloaf</p> <p>12:45 Sign Language 1:30 Line Dancing 1:30 Independent Chess 1:45 Power of Positive Thinking 2:00 Yoga Class</p>	<p>20 Chicken Teriyaki</p> <p>9:15 Fitness Training 10:00 Sunshine Singers 10:00 Basic Bridge 10:00 Pinochle Anyone? 10:00 Tea Time with Jillian Senior Holiday Show • 11:00 - Noon 1:00 Computer Instruction - Beginner 1:30 Bingo 2:00 Yoga for Caregivers 2:30 Sport Line Dancing</p>	<p>21 Pork Cassoulet</p> <p>8:30 - Noon Advocate from SCOFA 9:00 Multimedia Art 10:30 Art Therapy for Caregivers 10:30 Tai Chi, Advanced 11:30 Tai Chi, Beginner 1:30 Pazzazz: The Music and Song Duo 1:30 Art Class, Beginner/Intermediate</p>
<p>26 Closed</p>	<p>27 Roast Pork: <i>Roasted Garlic Sauce</i></p>	<p>28 Krab Cakes: <i>Avocado Fruit Salsa</i></p>
<p>CLOSED HAPPY HOLIDAYS</p> 	<p>10:00 Basic Bridge 10:00 Pinochle Anyone? 11:00 Karaoke 1:00 Computer Instruction - Beginner 1:30 Bingo 2:00 Bob's Bookies: <i>After You</i> by Jojo Moyes 2:00 Yoga for Caregivers 2:30 Sport Line Dancing</p>	<p>9:00 Multimedia Art 10:30 Tai Chi, Advanced 11:30 Tai Chi, Beginner 1:30 Art Class, Beginner/Intermediate 1:30 Philip Harwood, Film Historian New Year... Radio, TV and Film</p>

HUNTINGTON SENIOR NUTRITION CENTER

423 Park Avenue, Huntington

Lunch Served • Noon - 1:20 pm • \$2 Donation Suggested

THURSDAY

FRIDAY

<p>1 Lemon Chicken</p> <p>9:30 Mahjong 10:00 Fitness First 10:00 Charity Workshop Presentation <i>By invitation only</i> 11:05 Fitness Second 1:45 Greek Dancing</p>	<p>2 Potato Crusted Pollack</p> <p>10:15 Birthdays/Anniversaries of the Month 11:00 Guitar Lessons 11:00 Exercise for Energy 1:00 Movie: Operation Petticoat 1:00 Computer Instruction - Beginner 1:30 Independent Chess 1:30 Bridge, Intermediate</p>
<p>8 Chicken Pappagallo</p> <p>9:30 Mahjong 9:30 Charity Workshop 10:00 Fitness First 11:05 Fitness Second 1:30 Duplicate Bridge 1:30 Engineers Group 1:30 Caregiver Support Group</p>	<p>9 Stuffed Tilapia Athenian: Feta & Spinach</p> <p>9:30 - 4:15 Smart Driving 10:00 8 Ball Tournament, Singles 11:00 Guitar Lessons 1:00 Movie: Me Before You 1:00 Computer Instruction - Beginner 1:30 Independent Chess 2:00 Bridge, Intermediate</p>
<p>15 Roast Pork: Apple Chutney</p> <p>9:30 Mahjong 9:30 Charity Workshop 10:00 Fitness First 10:30 Blood Pressure Screening 11:05 Fitness Second 1:30 Independent Bridge 1:45 Greek Dancing</p>	<p>16 Broiled Flounder: Garlic Aioli</p> <p>10:30 Bereavement Support Group 11:00 Guitar Lessons 11:00 Exercise for Energy 1:00 Movie: National Lampoon Christmas Vacation 1:00 Computer Instruction - Beginner 1:30 Independent Chess 1:30 Bridge, Intermediate</p>
<p>22 Sauerbraten</p> <p>9:30 Mahjong/Canasta 9:30 Charity Workshop 10:00 Fitness First 11:05 Fitness Second 1:30 Caregiver Support Group 1:30 Independent Bridge</p>	<p>23 Center Closed</p> <p style="text-align: center;">CLOSED HAPPY HOLIDAYS</p> 
<p>29 Stuffed Shrimp</p> <p>10:00 Fitness First</p> <p style="text-align: center;">New Year's Eve Party Entertainment by Steve Cassano 12:30 - 2:30 pm</p>	<p>30 Potato Crusted Pollack</p> <p>11:00 Exercise for Energy 1:00 Movie: When Harry Met Sally 1:00 Computer Instruction - Beginner 1:30 Independent Chess 1:30 Bridge, Intermediate</p>



Presentations/Events



Greek Dancing

With Milton and Chryssa

Thursday, December 1 & 15 • 1:45 pm

Medicare Basics Counseling

Wednesday, December 7 • 9:00 am - Noon

RSVP - HIICAP's (Health Insurance Information, Counseling and Assistance Program) Medicare Basics Presentation is designed for Medicare eligible people who want a better understanding of Medicare and the options available, the Medicare Savings Program and EPIC (Elderly Pharmaceutical Insurance Coverage) Program.

(1st Wednesday of each Month)

One-on-One Counseling 9 am - Noon

Call Holli at (631) 351-3253

Asian Culture Association:

Silk and It's Role in History

Tuesday, December 13 • 11:00 am

Come and enjoy a festive holiday meal with all the trimmings in the company of your friends at the Center.

HOLIDAY MEAL

Wednesday, Dec. 14 • Noon - 1:20 pm

Please plan on arriving early if you have NOT come in to have a meal since April 1st. **Please bring** proof of address and age (P.O. Box is not considered a valid address). Your driver's license or non-driver's ID issued by Motor Vehicle is acceptable proof of both address and age. Blue Suffolk County Meal Scan Card is not acceptable proof of address or age.

PLEASE NOTE:

All classes and events are open to Town of Huntington Residents with membership cards. Get your membership card in the Senior Center Front Office.



December

423 Park Avenue, Huntington



Multi Media Art Projects Schedule

Wednesdays: 9 am - Noon

Demonstration of featured project at 10 am

Bring your art supplies and work independently or try the project of the week. Be creative in this fun and informal group.

7 • Holiday Gift Workshop Week 1 - Create whimsical felt ornaments. Quick and easy, fun to make. All supplies provided.

21 • Holiday Gift Workshop Week 2 - Beaded bracelets. Make a bracelet and a tiny felt gift pouch. All supplies provided.

28 • Winter Theme Coloring Pages - Bring your color pencils, markers or crayons if you have them. Coloring sheets provided.



Holiday Celebrations



6 • Happy Holidays Party

with DJ Bob from ◦ 1 - 2:30 pm

14 • Holiday Meal ◦ Noon - 1:20 pm

with Strolling Musician Tommy Santoriello

20 • Senior Holiday Show ◦ 11 am - Noon

Just Jammin'/Guitar Group, Line Dancers, Staff Surprise, Sunshine Singers

21 • Pazazz, The Music and Song Duo ◦ 1:30 pm

28 • Philip Harwood, Film Historian ◦ 1:30 pm

New Year... Radio, TV and film

29 • New Year's Eve Party ◦ 12:30 - 2:30 pm

with Steve Cassano.

Suffolk County Office for the Aging: Senior Advocate Schedule

Date	Time	Place
December 6	10 am - 1 pm	Paumanack Vill. I & II
December 21	8:30 am - Noon	Hunt. Senior Center



Tea Time!

with *Jillian*

Come and enjoy tea and some casual conversation

**Tuesday, December 20
10 - 11 am**

Bob's Bookies (Book Club)
AFTER YOU By Jojo Moyes

Tuesday, December 27 • 2 pm

When one story ends, another begins. The sequel to the beloved New York Times million-copy bestseller, *Me Before You*.

Our Movies at the Senior Center on Friday afternoons at 1 pm



2 • Operation Petticoat: World War II comedy about a submarine commander who finds himself stuck with a decrepit (and pink) sub, a con-man executive officer and a group of army nurses. 2 hr. 4 min.



9 • Me Before You: A girl in a small town forms an unlikely bond with a recently paralyzed man she is taking care of. PG-13 1 hr. 50 min.



16 • National Lampoon Christmas Vacation: The Griswold family's plans for a big family Christmas predictably turn into a big disaster. PG-13 1 hr. 37 min.



30 • When Harry Met Sally: Harry and Sally have known each other for years, and are very good friends, but they fear sex would ruin the friendship. R 1 hr. 36 min.



Support Services for Caregivers

Funding provided by New York State Office for the Aging and
Suffolk County Office for the Aging.
Caregivers Support Service Project 2016 - 2017

Yoga for Caregivers

Tuesdays: December 6, 13, 20 and 27
2:00 - 3:00 pm, Room 106



Art Therapy

Wednesdays: December 7 and 21
10:30 am - 12:30 pm, Room 205

Daytime Support Group

Thursdays: December 8 and 22
1:30 - 3:00 pm, Room 117 (Library)

Respite Program: While caregivers attend any of these sessions, respite care is available for your loved one. Please call 2 days in advance for a respite care appointment.

**For more information and/or to register for groups,
contact Holli Dunayer, MSW
631-351-3253**

Other Support Services

HEAP

(Home Energy Assistance Program)
Need help with heating costs?

Are you a PSEG or National Grid customer? You may be entitled to financial assistance in heating your home this winter. You must meet HEAP income guidelines.

Call Holli Dunayer
631.351.3253

Are you grieving the loss
of a loved one?

Join our Bereavement
Support Group

Friday, December 16
10:30 - 11:30 am
Room 117 (Library)

Veterans Discussion Group

Wednesday, December 14
10:30 - 11:30 am
Room 117 (Library)



HANDS ON HUNTINGTON

For information or to find out if you live in the designated area, call (631) 351-6610 to speak to one of our social workers:
Tina Block, LMSW, Stephanie Laureano, LMSW or
Andrea Kutcher, LMSW.

ADVISORY BOARD MEETING at the Harborfields Library, 31 Broadway, Greenlawn
Thursday, December 29, 2016 at 10:00 am

Please feel free to join us for our monthly advisory meeting. Bring yourself and your ideas! Any questions, call (631) 351-6610.

New Years Party at Suffolk YJCC, 74 Hauppauge Road, Commack, NY 11725
Wednesday, December 28, 2016 at 12:30 pm - RSVP (631) 351-6610 by Wednesday, December 21
\$5.00 per person for party. If you choose, you can pay \$3.00 additional for lunch at 11:45 am.

Let's Talk: A group for women

Paumanack I & II, 650 Paumanack Vill. Dr., Greenlawn
2nd and 4th Monday of the month at 11:00 am

Paumanack III & IV, 150 Duncan Elder Dr., Greenlawn
1st and 3rd Tuesday of the month at 11:00 am

These groups are facilitated by a Hands on Huntington Social Worker. Enjoy a supportive environment created by a circle of women. Talk about issues important to you. Get emotional support during difficult times. Get information and resources to help you cope.



American Sign Language Class at the Town of Huntington Senior Center (423 Park Avenue) Room 205
Mondays: 12:45 ~ 1:45 pm Beginners welcome! (No class Monday, December 26 or January 2, 2017)

Hands on Huntington (HoH) is a Neighborhood Naturally Occurring Retirement Community (NNORC) covering parts of Greenlawn, East Northport and Huntington. HoH is funded through the New York State Office for the Aging NNORC Program. This initiative is also supported by the Town of Huntington and The Suffolk YJCC. HoH brings together the Town of Huntington and The Suffolk YJCC, and others, to provide support services, information and referral, education and recreation programs to seniors, helping them remain in their homes and community. If you would like to learn more about our program, come to an Advisory Board Meeting or call our office 351-6610.



CLUB TRIPS OPEN TO ALL SENIORS



All Club Trips Require: Trip Information and Release Form completed and signed with payment. Must present Town of Huntington Senior Membership Card.

HILLS CLUB: Contact Bill at (631) 335-0996 or willverdo@yahoo.com

St. Patrick's Feast from Ireland to America **Wed., March 15, 2017** **\$85 p.p.**
Transportation, 3-course luncheon with 1-hour open bar, wine with lunch, Jimmy Byrne (Irish Tenor), plus comedian, bagpipes, music and dancing. Payment in full by January 15.

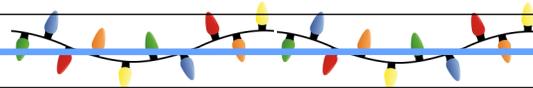
The Assisted Living (Musical) **Wed., April 26, 2017** **\$70 p.p.**
Broad Hollow Theatre, transportation, 3-course dinner. Payment in full by February 10.

Annie Get Your Gun (Musical) **Wed., Sept. 27, 2017** **\$90 p.p.**
Westchester Broadway Theatre. Transportation, 3-course dinner. Payment in full by February 2.

Rocking Horse Ranch **October 1 - Oct. 4, 2017** **\$555**
Save the date. More information to follow in January. Price is per person, double occupancy.

Pick up locations at: 1018 Pulaski Road, East Northport and Park and Ride at LIE, Exit 49N.

Note: Please sign up as soon as possible for all trips! All tips are included in each trip's cost.



LARKFIELD CLUB: Contact Audrey at (631) 239-1770

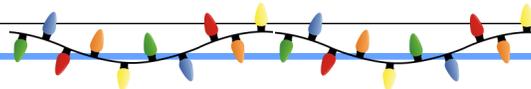


Broadway comes to Northport at the Engeman Theater... Why not come "Play" With Us!

The Full Monty (Musical) **Saturday, January 21, 2017** **\$55 p.p.**
John W. Engeman Theater, Northport, 3 pm

Jekyll and Hyde (Musical) **Saturday, March 18, 2017** **\$55 p.p.**
John W. Engeman Theater, Northport, 3 pm

Oklahoma (Musical) **Saturday, May 13, 2017** **\$55 p.p.**
John W. Engeman Theater, Northport, 3 pm



MELVILLE CLUB: Contact Marie Murray (631) 270-4001

Born Yesterday (Comedy) **Tuesday, March 14, 2017** **\$84 p.p.**
Hunterdon Hills Playhouse Dinner Theatre. Transportation, full-course meal, tips and taxes included.

Bus pick-ups: 8:15 am 1038 New York Avenue, near Church Street
8:30 am Park and Ride, Exit 49 off Long Island Expressway.

All Hands on Deck **Wednesday, May 24, 2017** **\$97 p.p.**
Luncheon Cruise Aboard Spirit Cruises. First day of Fleet Week in NYC. Transportation, lunch, music and dancing, salute to our veterans, leisure time after the cruise in NYC. All tips and taxes included.



TOWN CLUBS – DECEMBER 2016 SCHEDULE

Monday Clubs	Tuesday Clubs	Wednesday Clubs	Thursday Clubs	Friday Clubs
HUNTINGTON PARK VILLAGE SENIOR CENTER 423 Park Ave., Huntington	GREENLAWN PAUMANACK VILLAGE 650 Paumanack Vill. Dr., Greenlawn	HUNTINGTON STATION GLORIA DEI LUTHERAN CHURCH 22 E. 18 th Street, Huntington Station	HARBORFIELDS PAUMANACK VILLAGE 150 Duncan Elder Drive, Greenlawn	LARKFIELD UNION METHODIST CHURCH 1018 Pulaski Road, East Northport
5 Holiday Luncheon at Excel	6 Holiday Luncheon	7 Holiday Party	1 Movie 8 Holiday Luncheon	2 Board Mtg./Bingo at the Beach House 9 Dirty Shame Game 16 Lunch at Jacksons
<p>Have you been looking for new friends? Don't wait another minute!</p> <p>JOIN A CLUB!</p>	NATHAN HALE HARBORFIELDS LIBRARY 31 Broadway, Greenlawn	LAUREL NORTHPORT LIBRARY 151 Laurel Avenue, Northport	HILLS PRESBYTERIAN CHURCH OF SWEET HOLLOW 95 Old Country Road, Melville	WOLF HILL PRESBYTERIAN CHURCH OF SWEET HOLLOW 95 Old Country Road, Melville
	6 Holiday Luncheon at Bonwit Inn	7 Dirty Shame Game 14 Lunch at Olio's	1 Board Meeting/Dirty Shame Game 8 Egg Nog Party 15 Lunch Woodbury Country Club	2 Board Meeting 9 Holiday Party at Crest Hollow
<p>Clubs meet once a week from 10:30 am - 1:30 pm. You may visit any club twice before deciding on the club you wish to join! Perhaps you want to socialize, learn about current issues and resources, or take a trip with others. Maybe you just want to have fun. Look no more!</p>	MELVILLE PRESBYTERIAN CHURCH OF SWEET HOLLOW 95 Old Country Road, Melville	7 Board Mtg./Bingo Birthdays 14 Holiday Party	OLDFIELDS St. Paul's Lutheran Church 120 Vernon Valley Rd., E. Northport	
			1 Board Mtg./Bingo/ Birthdays 8 Holiday Party	





**SENIOR CITIZENS BEACH HOUSE
AT CENTERPORT BEACH**
239 Little Neck Road, Centerport
Beach House: 261-9186 Cottage: 261-1058
Game Room and Snack Bar open!

WINTER HOURS: Sunday, 11 am - 4 pm

Come socialize and enjoy the beautiful view of Centerport Bay!

Please Note: In case of inclement weather, call the Senior Beach House on Sundays at 261-9186 or call the Senior Center Monday - Friday at 351-3253.

**Holiday Open House
Sunday, December 4
11 am - 4 pm**

Please come enjoy the festive holiday decorations.
Just relax... and join us for
complimentary
cookies and coffee/tea
11:30 am - 3:30 pm

ONGOING WEEKDAY PROGRAMS

Beach House/Cottage is Closed
Friday: 12/23, Monday: 12/26 and Monday: 1/2/17 for Holiday!

MONDAYS

JUST JAMMIN' with senior musicians and Tommy Santoriello in the Cottage, 1-3 pm.
No class on 12/26 and 1/2/17.

THURSDAYS

ADVANCED ART WORKSHOP with instruction in the Cottage,
10 am - Noon with Connie Wain-Schwartz. **Registration required.***

BEGINNER/INTERMEDIATE ART CLASS in the Cottage,
1 - 3 pm with Connie Wain-Schwartz. **Registration required.***

*For more information, call the Senior Center at 351-3253.
Leave your contact information and Connie will return your call.

HARBORMASTERS ART GROUP in the Beach House,
10 am - 1 pm. Informal art group with Sandy DeLoia. All levels, mediums, styles, where they "teach one another."

FRIDAYS

CANING & RUSHING WORKSHOP in the Cottage, 9:30 am - Noon with Roy and Wendy Erlandson. No class 12/23.





Senior Participation Discount List

Contact Merchant for Individual Discounts

Restrictions May Apply

Andiamo Pizzeria	400 Larkfield Road	East Northport	631-266-3037	
Atrium Café	775 Park Avenue	Huntington	631-300-2424	
Bagel Market Bistro	903 Walt Whitman Road	Melville	631-271-7108	
C Town Supermarket	1662 New York Avenue	Huntington Station	631-673-5878	
Cards n Things	301 Clay Pitts Road	East Northport	631-368-1161	
Community Market	108 Depot Road	Huntington Station	631-423-0648	Tuesdays Only
Country Bagels	361 Route 25A	Northport	631-261-7821	1/2 off 6 bagels
Critic's Choice Deli	1153 E Jericho Tpke	Huntington Station	631-875-5260	
D&D Card Shop	7-8 Hewitt Square	East Northport	631-757-0320	
Dix Hills Bagels	703 Old Country Road	Dix Hills	631-673-7188	
Double "S" Deli	18 Westneck Road	Huntington	631-421-9228	
Dunkin Donuts	112 Broadway	Greenlawn	631-651-9410	
Golden Dolphin Diner	365 West Main Street	Huntington	631-351-9680	
Hometown Bakeshop	2 Little Neck Road	Centerport	631-754-7437	
Huntington Food Plaza	2035 New York Avenue	Huntington Station	631-271-3700	Wednesdays Only
I Hop	259 Old Walt Whitman Road	Huntington Station	631-423-8760	
Jonny D's Pizza	946 New York Avenue	Huntington	631-385-4444	
LI Bagel Café	355 Larkfield Road	East Northport	631-486-8200	
Little Vincent's Pizza	329 New York Avenue	Huntington	631-423-9620	
Mama Lucia's	1820 New York Avenue	Huntington Station	631-423-4855	
Massa's Pizzeria	80 Gerard Street	Huntington	631-923-3473	
Moe's Bagels	707 Fort Salonga Road	Northport	631-754-6182	
Mozzarella's Pizza	1937 Jericho Tpke	Northport	631-462-0600	\$15 Minimum
Country Village Chemists	227 E Main Street	Huntington	631-351-8989	
Park Avenue Deli	410 Park Avenue	Huntington	631-351-9478	16oz ice tea...
Phil's Vitamin Center	319 Broadway	Huntington Station	631-271-2911	
Rx Express	1842 Jericho Tpke	Dix Hills	631-462-2233	Gift & Surgical
Skorpios Restaurant	340 New York Avenue	Huntington	631-549-8887	
Spuntino	687 Old Country Road	Dix Hills	631-547-9300	Not Combinable...
Town Drugs	517A Larkfield Road	East Northport	631-266-3999	
Value Drugs	349 New York Avenue	Huntington	631-427-2919	Wednesdays Only
Value Drugs	106 Broadway	Greenlawn	631-754-0532	Wednesdays Only

ATTENTION HUNTINGTON RESIDENTS:

Do You Need A Helping Hand?

- Planning a night out and need a babysitter?
- Need help with house cleaning and other chores?
- Are you behind with your yard work?

Project Excel has local youth, ages 14-18, who are ready, able and willing to work. All youth have completed our Employment Workshop and have been screened.

Youth are available to be hired for:

Babysitting
Mother's Helper
House Cleaning
Yard Work
Snow Shoveling
Leaf Raking
Garage Cleanout
Gardening

For more information, please call
Project Excel at (631) 271-5499

Homeowner is responsible to pay youth for services rendered and liability insurance



TOWN OF HUNTINGTON
ADULT DAY CARE CENTER

423 PARK AVENUE
HUNTINGTON, NY 11743
631-351-3293
Amy.Geist@HuntingtonNY.gov

WELCOME to a caring and friendly place serving frail seniors with special needs.

Caregiver respite.

Low cost.

Medicaid accepted.

Transportation available.



Intergenerational Activities

**OPEN ENROLLMENT
STOP IN FOR A TOUR
TODAY!**

**Poetry, Music, Arts,
Games, Sports, Parties,
Gentle Exercise, Special Events,
Sensory Room, Mediation Garden,
Small Group Activities, Hot Lunch & Snacks,
Trips to Centerport Beach House**



Mark Cuthbertson
Councilman

Frank P. Petrone, Supervisor

Susan A. Berland
Councilwoman

Eugene Cook
Councilman

Tracey A. Edwards
Councilwoman

Funding provided by Suffolk County Office for the Aging and the U.S. Department of Health and Human Services through the New York State Office for the Aging. (IIIE Adult Day Care Services)

PUBLIC TRANSPORTATION



Local public transportation is available Monday through Saturday. The Town of Huntington's HART system (427-8287) and Suffolk County Transit (852-5200) operate a network of regularly scheduled bus routes that serve many of the places seniors might want to travel, including the Senior Center. Buses are handicap accessible. Senior citizens, individuals with disabilities, and Medicare cardholders are eligible to pay reduced fares.

Minibus service is also provided, at somewhat higher fares to persons who are prevented from using the regular buses because of a disability. This paratransit service is operated on a shared-ride, advance-request, curb-to-curb basis by HART (for rides entirely within the Town of Huntington) and Suffolk County's SCAT program (for rides within Suffolk but not entirely within the Town). Both agencies require prior enrollment by application. Personal travel assistance is limited. HART also extends paratransit service, with reduced priority, to non-disabled senior citizen residents who do not drive and do not have access to regular buses. Paratransit is not offered as a more convenient alternative to regularly scheduled buses. **For information, call HART at 427-8287 (TTY: 800-662-1220) and SCAT at 853-8337 (TTY:853-5658). Bus schedules are available at the Senior Center.**



Frank P. Petrone, Supervisor

Mark Cuthbertson, Councilman

Susan A. Berland, Councilwoman

Eugene Cook, Councilman

Tracey A. Edwards, Councilwoman



DEPARTMENT OF HUMAN SERVICES

Jillian Guthman-Abadom, Esq., Director

SENIOR CITIZENS DIVISION

Julia Frangione, Director

423 Park Avenue, Huntington

631-351-3253

Contact Us:

Email: Seniors@HuntingtonNY.gov

Website: TOHseniors.com

Facebook: [Town of Huntington Senior Center](https://www.facebook.com/TownofHuntingtonSeniorCenter)