

Meadowlark Park

Meadowlark Park, a small section of the greater Veterans Park Complex, was the first town park to be dedicated as a multiuse trails site. It is home to one of the most challenging and fun-to-ride mountain bike trail on Long Island. The trail winds its way through 5 miles of some of the most varied terrain of the Harbor Hill Moraine. There are few flat or straight sections. The dense woodland is typical of the North Shore, but also includes a large grove of White Pine, and if you go off trail on the southern end, you will find an area reminiscent of the Pine Barrens. Given the relatively small size of the park, there are few sounds or sights of suburbia.

Since this trail requires advanced biking skills, you should be prepared to get off and walk at a moment's notice. The trail was constructed and is maintained by C.L.I.M.B. (Concerned Long Island Mountain Bicyclists). Go to www.climbonline.org to find when guided and beginner rides are offered. Less experienced bikers and families with young children may comfortably ride the utility corridor and the fire roads which meander through the Veteran's Park Complex.

Because Meadowlark Park is a multi-use park, please remember the following: bikes yield to everyone, and everyone yields to horses. The Meadowlark Bike Trail welcomes hikers and runners, but is too tight for horses. Equestrians may use the bridle trails.

To enter the trail go through the metal barrier off Middleville Road, and make an immediate left. The trail is marked with blue blazes, and once you are on it, there is no chance of losing it.

Helmets and eye protection are required. Mountain biking is an inherently risky activity. Use the trails at your own risk.



You may see: Black Cherry, Black Locust, Eastern Red Cedar, Flowering Dogwood, Jewelweed, Mountain Laurel, Norway Spruce, Red Maple, Sassafras, Spotted Wintergreen, Tulip Tree, White Oak, Eastern White Pine

Barn Swallow, Black-capped Chickadee, Blue Jay, Eastern Towhee, Mourning Dove, Northern Cardinal | Eastern Cottontail, Eastern Gray Squirrel, White-tailed Deer, Red Fox | Garter Snake



Location: On Middleville Rd, off 25A in Northport.

Terrain: Some hills | **Length:** Bike: 3.5mi | **Parking:** Parking Lot | **Type:** Loop

Surface: Ground | **Bicycle Difficulty:** Advanced | **Acreage:** 59

Trailhead: 40.897780, -73.303590

